



City of San Leandro

City Hall
835 East 14th Street
San Leandro, California

Minutes

Senior Commission

Thursday, November 20, 2025

10:00 AM

Senior Community Center 13909 E. 14th St.

1. CALL TO ORDER PLEDGE OF ALLEGIANCE ROLL CALL

The meeting was called to order at 10:01 a.m.

Present 7: Woycheshin, Comelo, Dillon, Lopez Nacario, McMichael-Cady, Brennan, and Gopalkrishnan
Excused Absence 1: Peña

Also in attendance are Janette Pace and Kathryn Gilbreth with the CityServe of the Tri-Valley RideCare Program, and Senior Commission Secretary Pedro Naranjo.

2. ANNOUNCEMENTS

Chair Woycheshin provided logistical guidance.

3. CONSENT CALENDAR

Approved-MSA (McMichael-Cady, Lopez Nacario) (6 Ayes, 0 Nays, 1 Abstention)

3.A. DRAFT Minutes of the Special Senior Commission Meeting of October 9, 2025

[25-549](#)

Draft Minutes of the Special Senior Commission Meeting of October 9, 2025

Attachments: [2025.10.09 DRAFT Special Senior Commission Minutes](#)

4. CITY STAFF REPORTS AND ANNOUNCEMENTS

4.A. City-Wide Updates

City offices will be closed between the Christmas and New Year holiday period, except for essential services such as public safety (e.g., police department) and required functions like the Water Pollution Control Plant.

Regarding the vacant Senior Commission seat, the candidate nominated and scheduled to be appointed withdrew. The City Clerk's Office and the corresponding City Council Member will coordinate to identify another candidate.

4.B. Human Services Department-wide Updates

The biannual homeless Point-in-Time (PIT) Count will take place on Thursday, January 22, 2026, from 5:00 a.m. to 9:30 a.m. This is a federally mandated event that relies on volunteers to conduct a count of those experiencing homelessness at a certain point in time. The PIT Count is critical to achieving the most accurate estimate of the number of homeless persons in San Leandro. This number informs funding and service delivery decisions.

4.C. Senior Services Updates

The Annual Thanksgiving Luncheon is scheduled for November 26, 2025. Naranjo invited commissioners to the event and/or to volunteer.

The Annual Senior Services Expo is scheduled for December 4, 2025. Naranjo also invited commissioners to attend the event and/or volunteer. This event is part of the Age-Friendly initiative and supports efforts to promote services and resources available for older adults at the Senior Community Center.

Naranjo shared a slide show that included pictures and stories of recent activities.

5. PUBLIC COMMENTS

Several members of the public were present, they introduced themselves and shared comments. Also, Naranjo reported that no public comments were received via eComment; the Senior Commission was advised by email on Wednesday, November 19, 2025.

6. PRESENTATIONS

6.A. CityServe of the Tri-Valley's RideCare Program Presentation

CityServe of the Tri-Valley RideCare staff provided a presentation that included an overview of their organization, the services they offer, who they serve, and update about the new pilot program in San Leandro in support of the Age-Friendly initiative. CityServe of the Tri-Valley staff emphasized the important role that volunteers play, and welcomed people to contact them if they are interested in volunteering. Members of the public and commissioners shared relevant questions and comments.

[25-548](#)

RideCare Program Presentation

Attachments: [RideCare Program Presentation](#)

7. ACTION ITEMS

7.A. November 2025 Age-Friendly Initiative Update

Naranjo provided Age-Friendly initiative updates regarding progress made with several of the Initiative's priorities. Specifically, updates were shared in

the following priority areas: Plan Sustainability, Personal Protection, Housing Security, Health & Wellness, Transportation, and Social Connection. Throughout the presentation, Naranjo provided Age-Friendly Implementation Plan updates, solicited input, and invited commissioners to engage further where interested and available. A member of the public shared relevant comments and questions. Commissioners also shared relevant questions and comments.

[25-550](#)

November 2025 Age-Friendly Initiative Priority Projects Update Presentation

Attachments: [November 2025 Age-Friendly Initiative Priority Projects Update Presentation](#)

7.B. Lunch with Seniors Discussion

Vice Chair Comelo shared about a past Senior Commission practice where commissioners and elected officials had lunch with seniors. She recommended that the Commission invite Supervisor Lena Tam. Naranjo will contact Supervisor Tam's office and inquire about interest and availability. Naranjo will provide an update during the January 2026 Senior Commission meeting.

7.C. Senior Stories Discussion

Commissioner Gopalkrishnan shared that America is turning 250 years and there is an effort to get stories of every American uploaded into the American 250 website. She proposed that we open the computer lab at the Senior Community Center to encourage patrons to participate. Naranjo will connect Commissioner Gopalkrishnan with a senior services staff member to explore further. Members of the public shared relevant comments.

8. COMMISSION REPORTS AND ANNOUNCEMENTS

All commissioners shared topics of interest.

9. ADJOURN

Approved-MS (Brennan, Comelo) (7 Ayes, 0 Nays, 0 Abstentions)

Meeting adjourned at 12:15 p.m.

RESPECTFULLY SUBMITTED:

First Last, Secretary