



Providing Culturally Responsive Health Care to Local Residents, including AA&NHPI communities

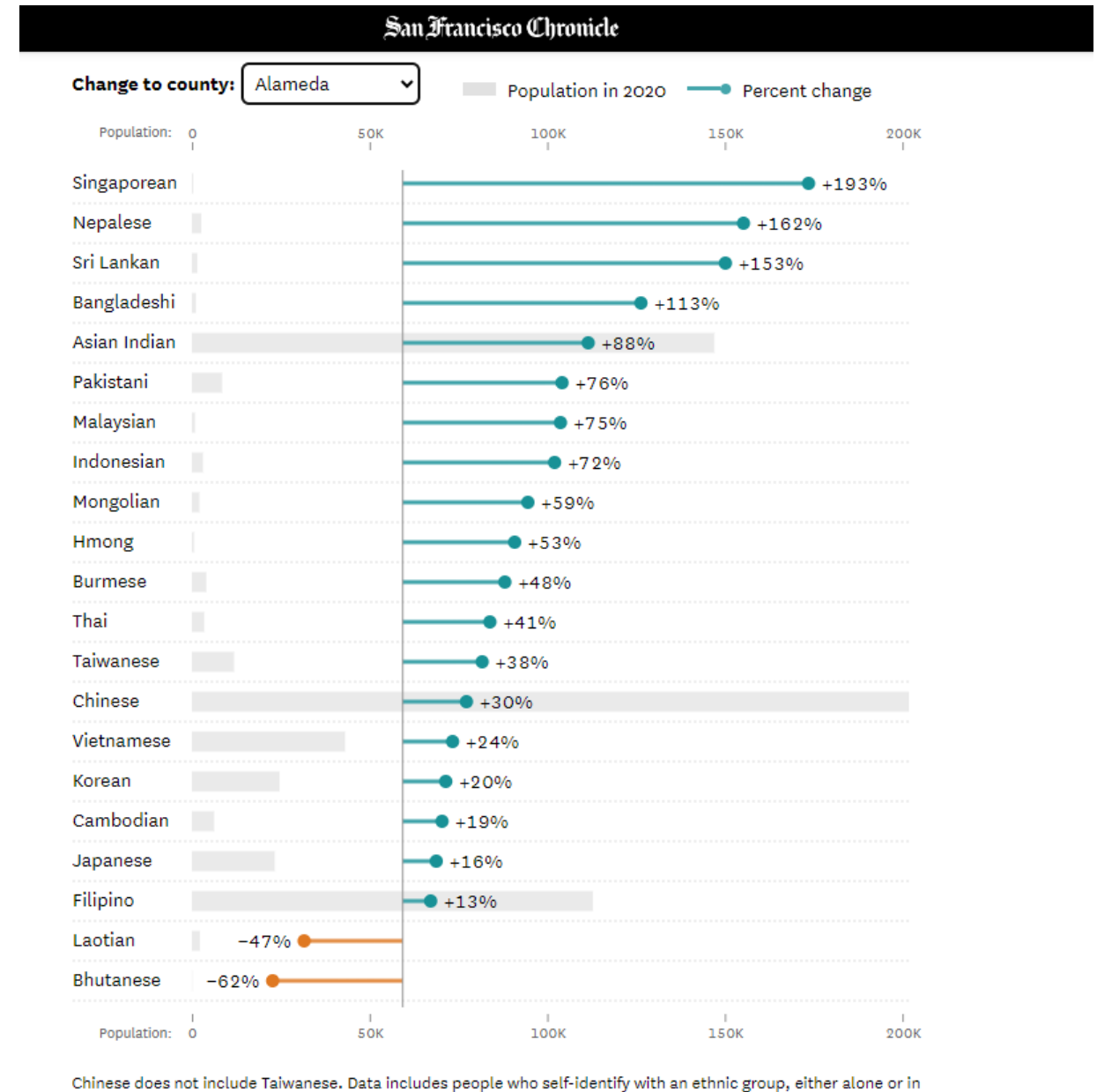


Julia Liou, MPH, CEO, Asian Health Services
Thu Quach, PhD, President, Asian Health Services
San Leandro Human Services Commission
April 24, 2024

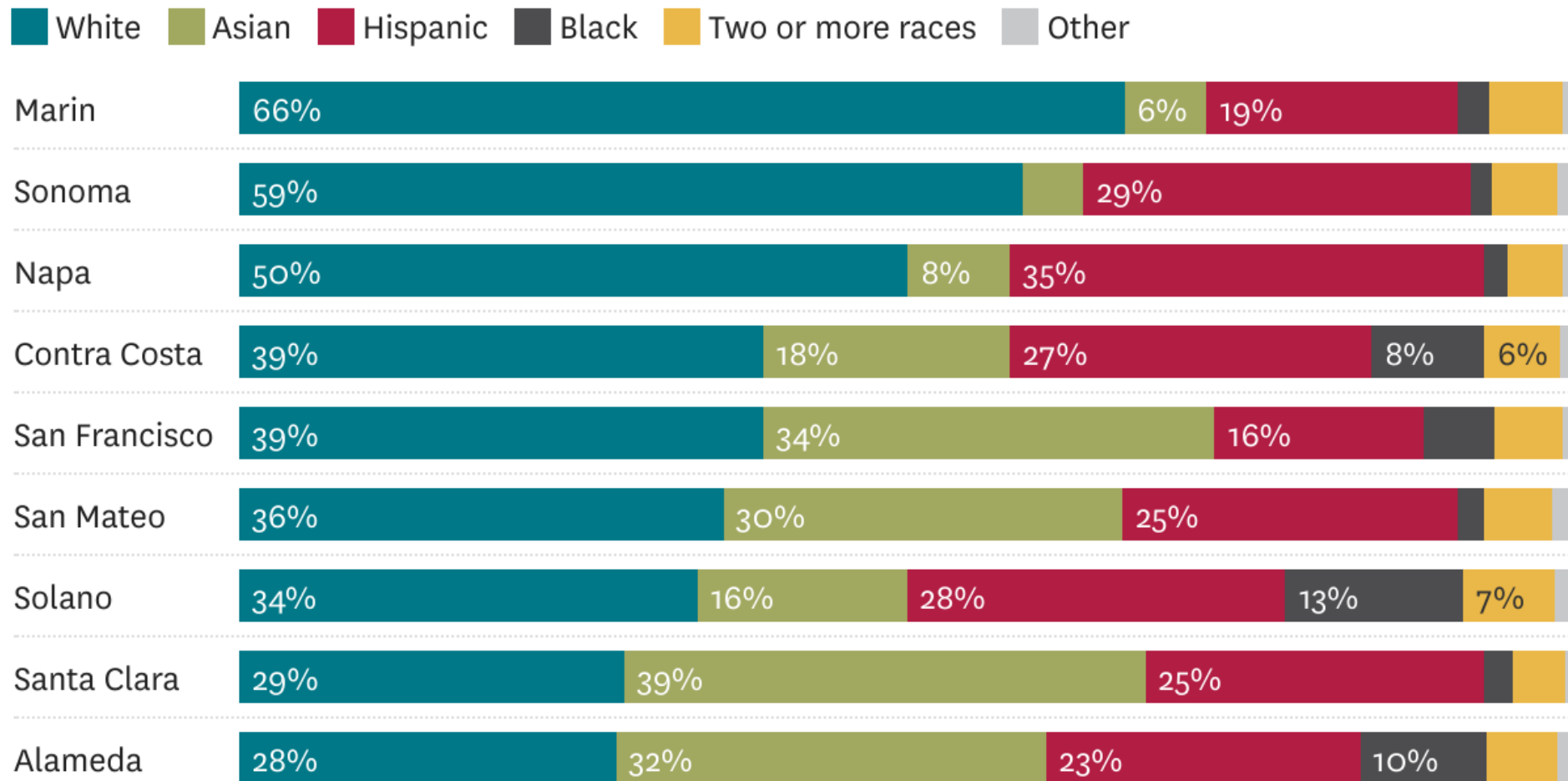
AA& NHPI Population Fastest Growing...

- Asian Americans fastest growing race/ethnicity group in California.
- Growth has been 25% over the last decade.
- According to the U.S. Census data, there was a 49% increase in the Asian population in Alameda County and a 51% increase in the NHPI population between 2000 and 2015 (not including AANHPI in combination)

SF Chronicle: October 20, 2023 article



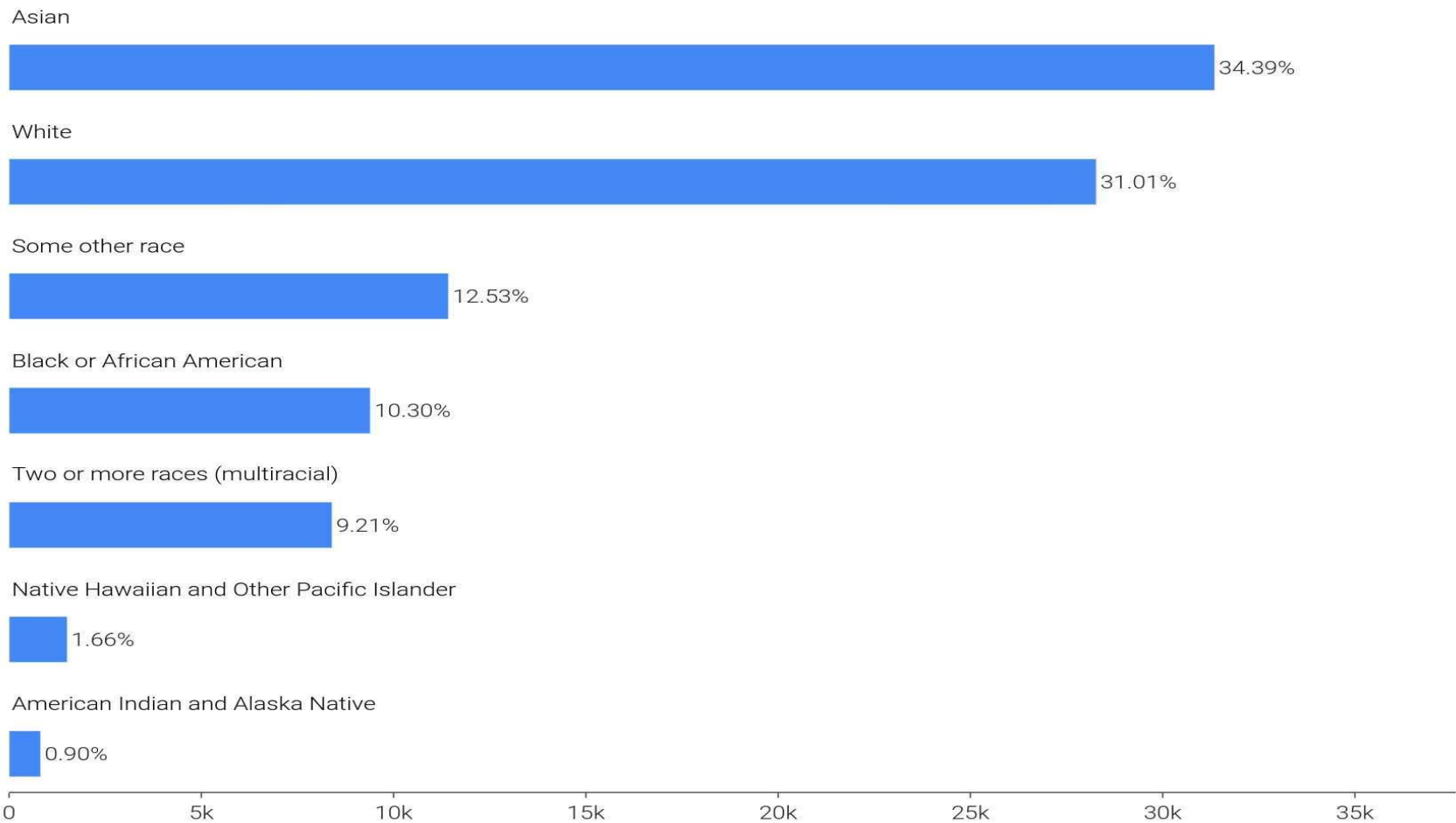
Race and ethnicity breakdown of Bay Area counties in 2020



Source: U.S. Census Bureau

San Leandro, CA population by race

The largest racial group in San Leandro is Asian, with a population of 31,352 (34.39% of the total population)



Source: U.S. Census Bureau, American Community Survey (ACS) 2017-2021 5-Year Estimates

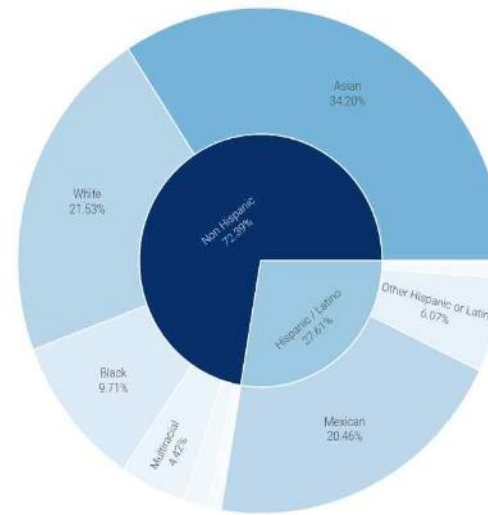
San Leandro Gap Study

- San Leandro AAPI population increased by 29%
 - Asians make up over 32% of the city's population
- High percentage of limited English proficiency (57%), especially among the elderly (79%)
- Currently, we serve:
 - The largest number of low income patients in San Leandro – about 40% of the low income patients

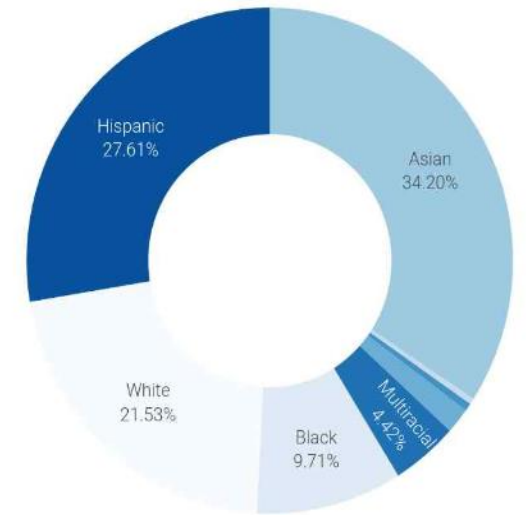
Racial / Ethnic makeup of San Leandro, CA

All percentages shown below are, % of San Leandro's total population

Hispanic & Non-Hispanic population distribution, across race and origin



Racial distribution, excluding Hispanics from racial categories



Source: U.S. Census Bureau, American Community Survey (ACS) 2017-2021 5-Year Estimates

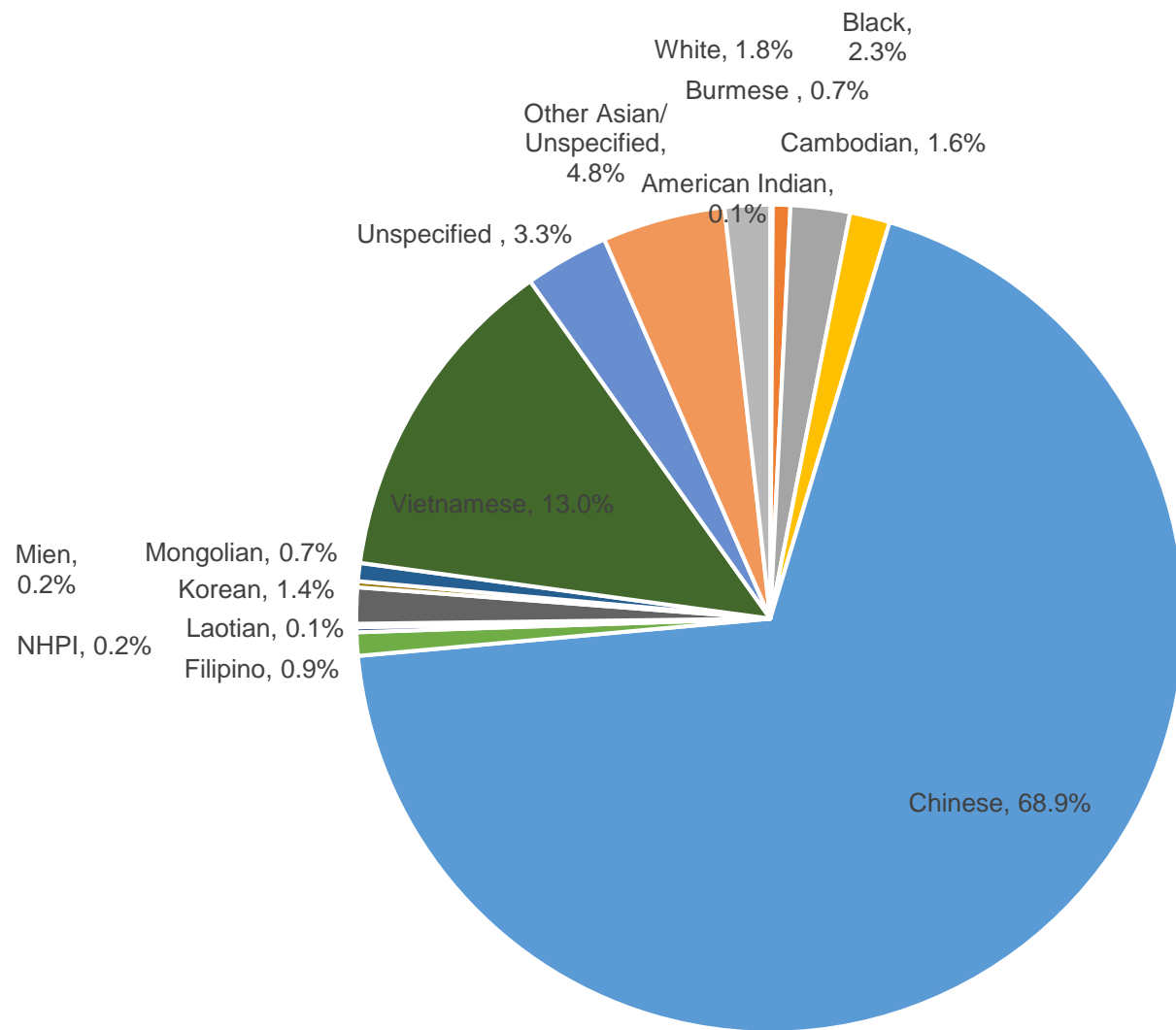
Neilsberg

BEGINNING TO NOW

- Founded in 1974 by students from Oakland Chinatown – saw language barriers
- Rooted in social movement and advocacy: Civil Rights, Ethnic Studies, Health Care
- Federally qualified community health center with two pillars of **service** and **advocacy**
- Provides primary care, dental, behavioral health care to nearly 50,000 patients total
- Cultural competency: 14 Asian languages, bicultural staff from communities we serve:
 - Cantonese, Mandarin, Vietnamese, Korean, Cambodian, Mien, Hmong, Lao, Mongolian, Tagalog, Burmese, Karen, Karenni, and Thai

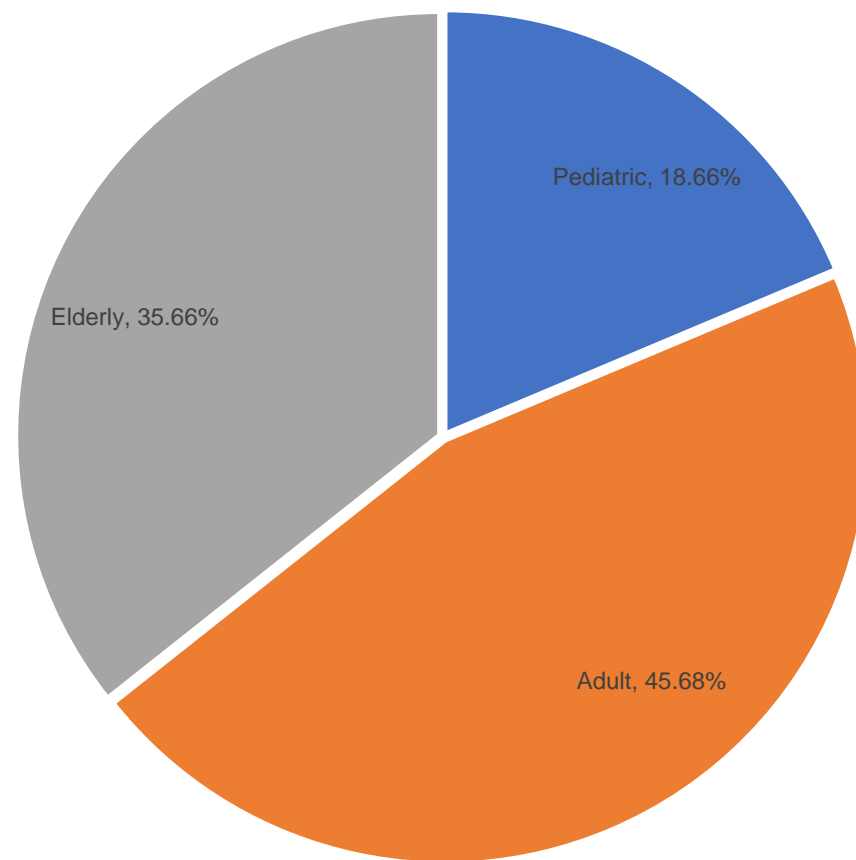


Who We Serve in 2023



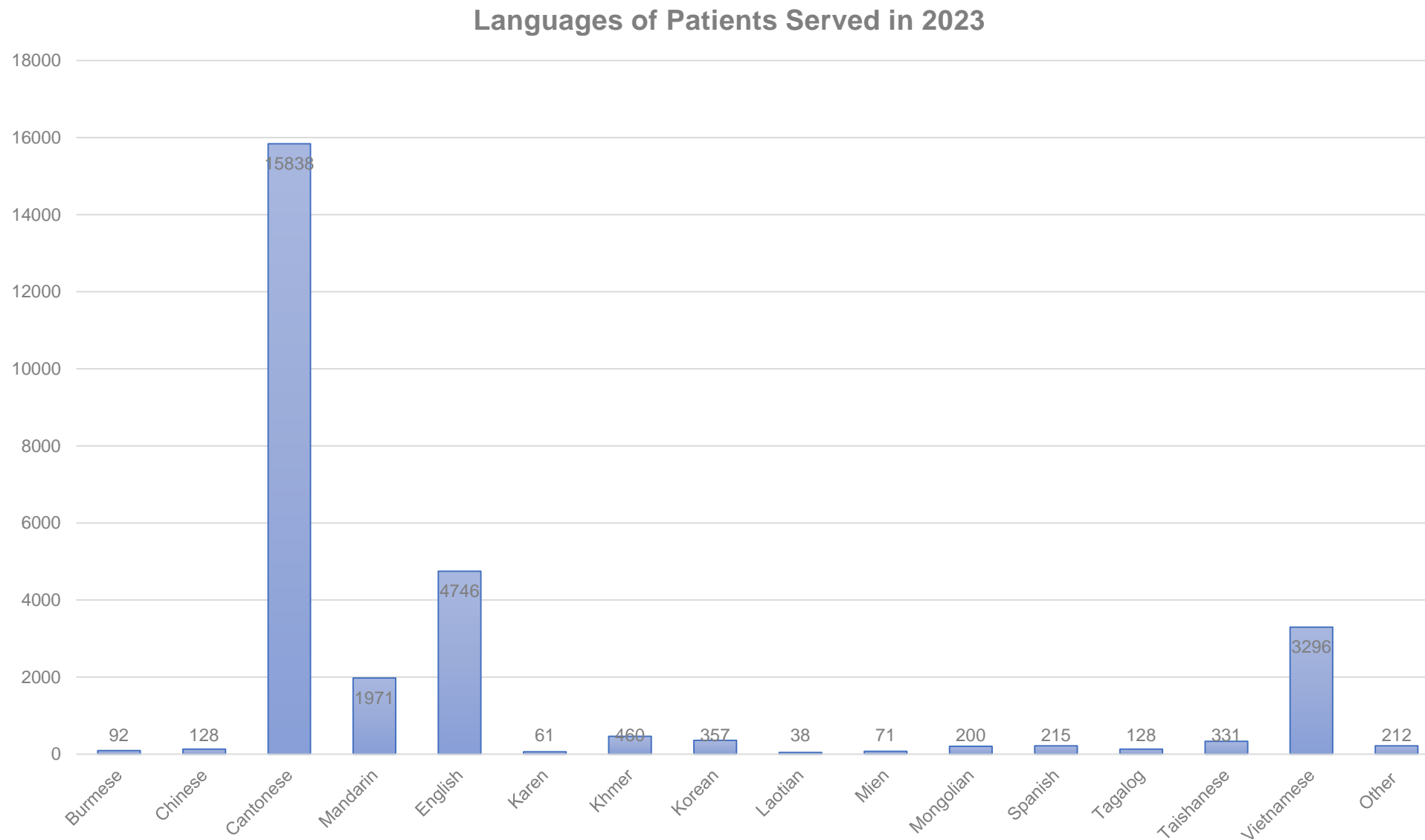
Racial/Ethnic Breakdown

■ Pediatric, Ages 0-17 ■ Adult, Ages 18-64 ■ Elderly, Ages 65 and older



Age Breakdown

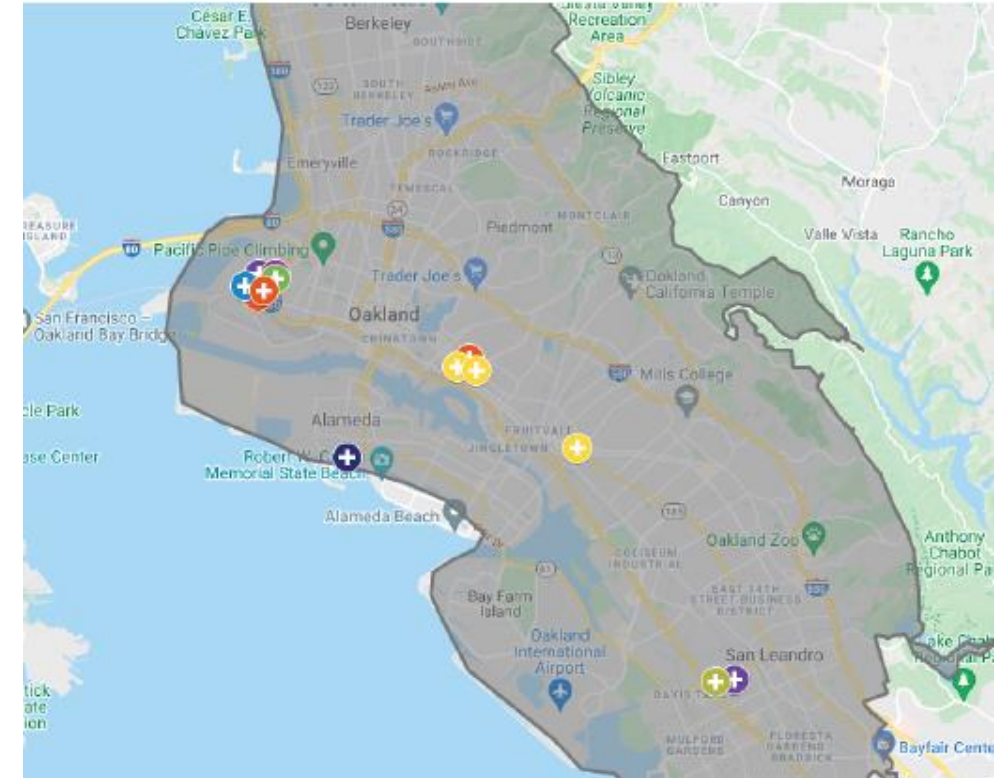
Who We Serve in 2023



LOCATIONS -13 Service Sites + Admin Headquarters

Locations

AHS Specialty Mental Health Services	310 8th Street	Behavioral Health/Education
ARC Clinic	817 Harrison Street	Urgent Care
Chenming & Margaret Hu Medical Center	818 Webster Street	Comprehensive Care
College of Alameda Dental Clinic	555 Ralph Appezato Memorial Parkway	School Dental
Frank Kiang Medical Center	250 E. 18th Street	Comprehensive Care
Franklin Elementary	915 Foothill Blvd.	School-Based Clinic
Harry and Jeanette Weinberg Dental & Wellness Clinic	190 11th Street	Dental & Wellness
Lincoln Elementary	225 11th Street	School-Based Clinic
Main Dental Clinic	345 9th Street	Dental
Rolland and Kathryn Lowe Medical Center	835 Webster Street	Comprehensive Care
Wildcats Clinic	1023 MacArthur Blvd.	School Medical and Dental
Specialty Mental Health	433 Callan Avenue	Behavioral Health
AHS Pediatrics	101 Callan Avenue	Pediatrics



AHS Administrative Headquarters
101 8th Street, Suite 100, Oakland, CA 94607

Mobile Dental Clinic launched in 2023



- Provide weekly mobile dental clinic
- Dental care for San Leandro residents who are current or prospective patients
- 710 East 14th Street, San Leandro

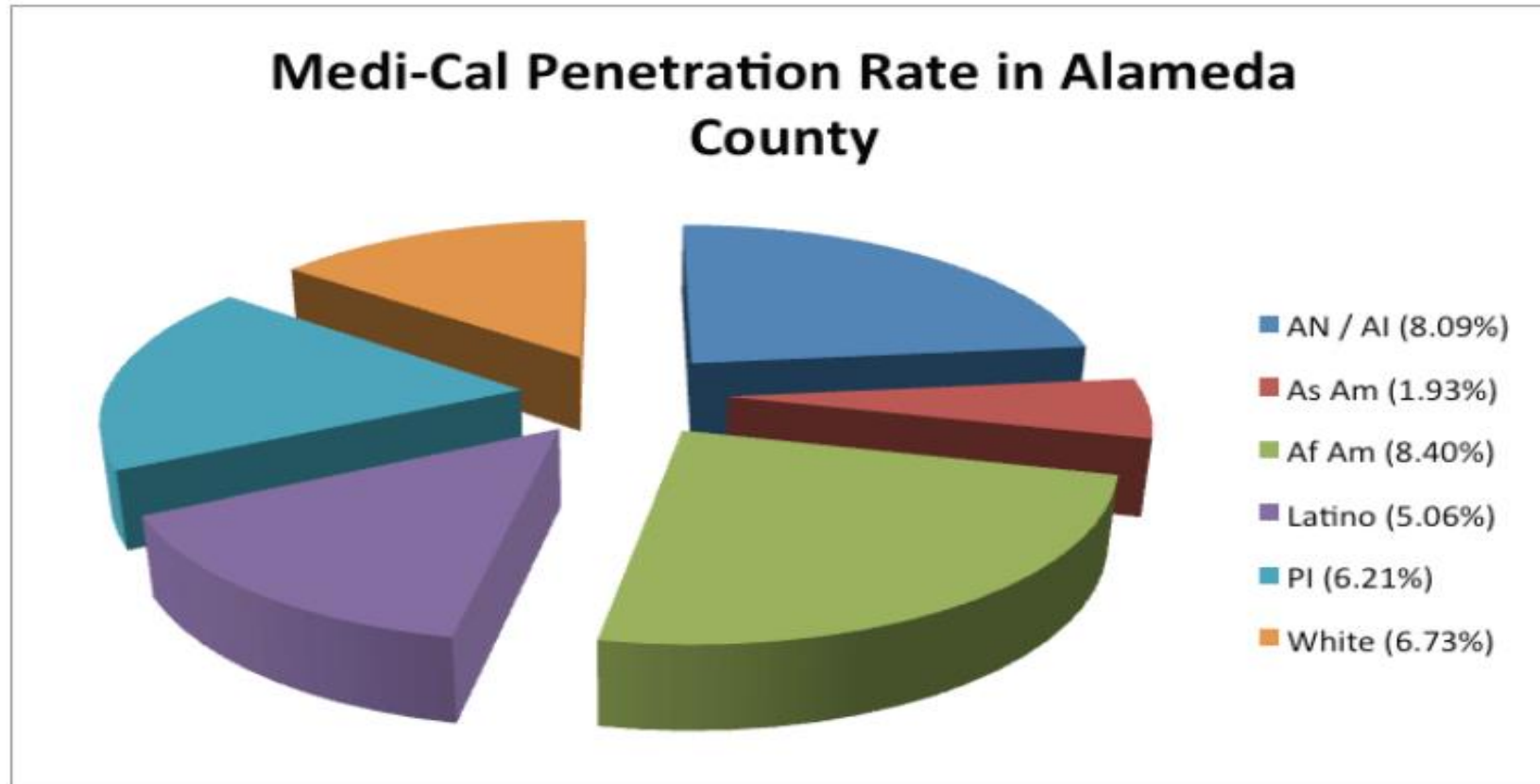
2022 - 2023 Health Impact



Mental Health Under-Utilization among Asian Americans

For Medi-Cal penetration rate (2015-16):

Alaska Native or American Indian	8.09%
Asian American	1.93%
Black or African American	8.40%
Hispanic or Latino American	5.06%
Pacific Islander	6.21%
White	6.73%



Responding to Mental Health Crisis & Workforce Shortage

- Since 2020, there was 2.5-fold increase in mental health needs. Our **AHS comprehensive mental health services** include
 - Integrated behavioral health (IBH) co-located in primary care and in dental services; mild to moderate
 - Specialty Mental Health (SMH) established in 2016; moderate to severe
 - Community Healing Initiative to support victims of violence
- **Pipeline Development:** Establishing Behavioral Health Training Academy
 - MSW/ MFT student interns to gain hands culturally & linguistically appropriate clinical experience at AHS



Health Through Community Healing

Reduce the harm of anti-Asian hate and violence through community health initiatives

- **Comprehensive Support Services for Survivors of Violence:**
 - Trauma-informed mental health services
 - Wraparound care
- **Health and healing through cultural practices:**
 - Linguistically & culturally competent support groups
 - Yoga, Tai Chi, walking groups, cultural events
- **Cross Racial Solidarity:**
 - Black-Asian Racial Trauma Project with West Oakland Health



San Leandro Dental Clinic

Coming Soon in 2025



- **CURRENT DENTAL NEEDS:** Six-month waiting list for dental with up to eight months for specialty dental services
- **CAPACITY:** Up to 8,000 patients
- **INTEGRATION:** Dental-behavioral co-location with Counseling room

Program of All-Inclusive Care for the Elderly (PACE)

- *California's over-60 population is projected to grow faster than any other age group.*
- *By 2030, 10.8 million Californians will be an older adult, making up 1/4 of the state's population.*

36% of AHS patients are over 65 yrs of age

- Enable those who are 55 and older to remain independent, even though they are certified to need nursing home care.
 - Coordinated medical care and support services
 - Keep aging adults safely in their own homes
- Program maintains a day health center that combines healthcare services, socialization, therapies, and meals.

PACE Site Coming in 2026

Thank you

Questions & Answers



asianhealthservices.org



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Headquartered in
Oakland, California