



Age-Friendly San Leandro Initiative Updates

Pedro Naranjo, Human Services Manager
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Age-Friendly Initiative Priorities

Plan Sustainability

- Ensure language accessibility across all communications, opportunities, and services

Personal Protection

- Help protect residents from cyber attacks, fraudulent activity and physical assaults

Housing Security

- Identify short-term, alternative core housing programs that complement existing local affordable housing efforts

Health & Wellness

- Expand existing food, meal and basic needs programs
- Provide respite and resources for family and volunteer caregivers

Transportation

- Expand accessible transportation options for seniors and persons with disabilities

Social Connection

- Provide day trips to local parks and outdoor areas
- Create more opportunities for learning and social interaction between

Age-Friendly Action Implementation Plan Priority Matrix

Priority Area	Plan Item No	Recommended Project or Action Step	Started	Ongoing	Completed	Target Year(s)
Plan Sustainability	1.1	Participate on the Alameda County Council for Age Friendly Communities	X	X		Year 1-5
Plan Sustainability	1.2	Age-Friendly San Leandro bylaws	X	X		Year 2
Plan Sustainability	1.3	Age-Friendly San Leandro comprehensive communications plan	X	X		Year 1-5
Plan Sustainability	1.4	Coordinate age-friendly City staff and community partner trainings (e.g., first aid, CPR, adult protective services, homelessness response)	X		X	Year 1-5
Personal Protection	2.1	Complete UC Berkeley SafeTREC (SafeTREC) and California Walks' Community Pedestrian and Bicycle Safety Training (CPBST) Program	X		X	Year 1-5
Personal Protection	2.2	Conduct quarterly walking audits in high-traffic pedestrian areas	X	X		Year 1-5
Personal Protection	2.3	Pursue complete streets funding opportunities in collaboration with the City's Transportation & Engineering Division				Year 4
Personal Protection	2.4	Schedule presentation from the City's Transportation & Engineering Division to the Senior Commission	X		X	Year 2
Personal Protection	2.5	Conduct a community workshop at the Senior Community Center to educate older community members about the City's Sidewalk Repair Program, Neighborhood Traffic Calming Program, and Crosswalk Prioritization Program				Year 3-5
Personal Protection	2.6	Collaborate with Beautify San Leandro to identify and recommend potential age-friendly beautification project sites and co-host one age-friendly beautification project each calendar year (starting in 2025)	X		X	Year 2
Personal Protection	2.7	Collaborate with the City's IT Department to facilitate quarterly cybersecurity and technology education workshops at the Senior Community Center	X	X		Year 2-5
Personal Protection	2.8	Negotiate a scope of work, MOU and/or contract with Tech Exchange to provide free technology support services to San Leandro older adults through the Senior Resource Fair and at the Senior Community Center	X		X	Year 1
Personal Protection	2.9	Collaborate with the City's Police Department to offer regular Coffee with the Cops and educational public safety events at the Senior Community Center	X	X		Year 2
Personal Protection	2.10	Participate on the Alameda County Access and Functional Needs (AFN) Advisory Committee	X	X		Year 1-5
Personal Protection	2.11	Coordinate emergency services and response workshop(s) at the Senior Community Center	X		X	Year 2-5

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Priority Area	Plan Item No	Recommended Project or Action Step	Started	Ongoing	Completed	Target Year(s)
Personal Protection	2.12	Coordinate a staff presentation on Nixle and other apps from the City's Emergency Services team	X		X	Year 2-5
Personal Protection	2.13	Prepare for The Great California ShakeOut on October 16, 2025, including staff training, an earthquake drill rehearsal at the Senior Community Center a couple of weeks before the ShakeOut	X		X	Year 2-5
Personal Protection	2.14	Coordinate a community engagement opportunity at the Senior Community Center for older adults to provide input on the Local Hazard Mitigation Plan	X		X	Year 1
Personal Protection	2.15	Engage MV Transportation, LINKS, ALTRANS, AC Transit, Uber, Lyft, and other transportation operators/providers to explore getting into contract for evacuation services during an emergency	X	X		Years 2-5
Personal Protection	2.16	Develop approaches and incentives for implementing neighborhood phone trees and helping neighbors get to know one another, so they can communicate and rely on one another during an emergency				Year 3-5
Housing Security	3.1	Coordinate workshops at the Senior Community Center and Marina Community Center to educate older adults about the City's new housing protections				Year 2
Housing Security	3.2	Review and provide input to draft 2025-2030 HUD Consolidated Plan to ensure alignment with Age-Friendly Action Plan and senior housing/homelessness goals	X		X	Year 2
Housing Security	3.3	Collect and analyze data on the need for a housing rehabilitation program to collaboratively make the case with Community Development for the City to prioritize program funding				Years 4-5
Housing Security	3.4	Collaborate with Community Development on a potential new CDBG contract with Front Porch to implement a HomeMatch program in San Leandro	X		X	Years 4-5

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Health & Wellness	4.1	Convene local food and meals providers to develop a local food network model, actionable demand data, and potentially pursue joint funding	X	X		Year 1-5
Health & Wellness	4.2	Collaborate with local and/or regional organizations, such as the Institute on Aging, Family Caregiver Alliance, and Alameda County IHSS, to provide a family caregiver resource fair, Caregiver Appreciation event, and/or monthly family caregiver workshops at the Senior Community Center	X	X		Year 3-5
Health & Wellness	4.3	Coordinate Alameda County Healthy Brain Initiative Alzheimer's Disease and Related Dementias (ADRD) trainings at the Senior Community Center	X		X	Year 2
Health & Wellness	4.4	Administer mini-grants to nonprofit and grassroots organizations and neighborhood associations to pilot innovative approaches to community caregiving				Year 5
Transportation	5.1	Identify funding strategies to contract with CityServe to provide RideCare, the volunteer driver program, in San Leandro	X		X	Year 2
Transportation	5.2	Implement an Uber subsidy program to provide a low-cost, door-to-door transportation service for older adults and people with disabilities	X	X		Year 2
Transportation	5.3	Schedule and coordinate biannual walking audits of fixed-route bus stops	X		X	Year 3-5
Transportation	5.4	Support the Public Works Department to complete its update of the City's ADA Transition Plan				Year 4-5
Social Connection	6.1	Amend the contract with the operator of the FLEX Rides shuttle program to provide monthly day trips for older adults to visit local and regional parks, museums, and Beautify San Leandro volunteer events	X		X	Year 2-5
Social Connection	6.2	Explore intergenerational learning and social connection opportunities with the City's Youth Advisory Commission, the San Leandro Unified School District, the San Lorenzo Unified School District, and the Boys and Girls Clubs of San Leandro	X	X		Year 2-5

Plan Sustainability Priority—which includes implementing the structure and systems (e.g., funding, staffing, and partnerships) necessary for the long-term success of the Age-Friendly San Leandro initiative

- 1) Implement Age-Friendly San Leandro Comprehensive Communications Plan
 - 3/24/26 Kaiser's Aging Well Resource Showcase Update
 - 4/18/26 VACCEB Spring Health Fair
 - Downtown Farmer's Market on 4/29/26

- 2) Fund Development
 - Kaiser Permanente 2026 Community Health Grant
 - Alameda County Social Services, Area Agency on Aging (AAA)

Personal Protection Priority—which includes protecting the physical, psychological, and financial safety of residents of all ages, whether at home, in public or across cyberspace

- 1) *Engage partners to explore emergency evacuation support for seniors and people with disabilities*
--First meeting in April with key partners

Health & Wellness Priority—which includes ensuring San Leandro seniors have affordable, equitable access to physical and mental health care, especially the basic needs of food, clothing, and hygiene

- 1) Coordinate Alameda County Healthy Brain Initiative Alzheimer's Disease and Related Dementias (ADRD) trainings at the Senior Community Center
 - Second AC HBI and the Alzheimer's Association Community Convening on 4/16/26*
 - Partnership with Library to support Memory Kit Collection*

Transportation Priority—Which includes providing affordable, reliable transportation that takes into account residents' mobility and cognitive differences and personal destination needs.

- 1) Schedule and coordinate biannual walking audits of fixed-route bus stops.
--Flex Rides Assessment Update

FLEX Rides Assessment Short-term Recommendations

- 1) Incorporate the minimum dwell time and driver breaks into schedule.
- 2) Update published schedules and maps and actively promote updated materials to members and broader public using age-friendly communication channels.
- 3) Collaborate with current riders and accessibility specialist to identify best practices for displaying large, legible, and accessible versions of route schedules, maps, and dispatch number inside each bus, in English, Simplified Chinese, and Spanish.
- 4) Update technology and increase capacity to gather, organize and report valid and reliable utilization data.
- 5) Continue strengthening promotion, education, and enrollment coordination with disability-serving organizations, senior housing developments, and faith-based organizations.
- 6) Explore piloting a twice-monthly orientation ride-along that new riders can join to learn how to use the service.

Social Connection Priority—which includes combating the epidemic of isolation and loneliness through creative, varied opportunities for trust building, social interaction, and shared learning

- 1) Amend the contract with the operator of the FLEX Rides shuttle program to provide monthly day trips for older adults to visit local and regional parks, museums, and Beautify San Leandro volunteer events
 - 3/20/26 Aviation Museum in San Carlos update
 - 4/24/26 USS Hornet in Alameda



Age-Friendly San Leandro

Send feedback and suggestions to:

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