



# City of San Leandro

Civic Center  
835 East 14th Street  
San Leandro, California

## Minutes

### Senior Commission

*Chair Janice Woycheshin, District 3*

*Vice Chair Bella Comelo, District 6*

*David Anderson, District 1*

*Marci Dillon, At Large (1)*

*Katherine Frates, At Large (2)*

*Claudia McHenry, At Large (5)*

*Adrienne Miller, District 4*

*Jia Wu, District 2*

*Vacancy, District 5*

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Thursday, May 20, 2021

10:00 AM

Access the meeting remotely by using this URL  
<https://us02web.zoom.us/j/89547644696>

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This meeting is being held in accordance with the State Emergency Services Act, the Governor's Emergency Declaration related to COVID-19, and the Governor's Executive Order N-29-20 issued on March 17, 2020 to allow attendance by members of the Senior Commission by teleconference, videoconference, or both.

Please be advised that pursuant to the Executive Order, and to ensure the health and safety of the public by limiting human contact that could spread the COVID-19 virus, the Senior Community Center will not be open for the meeting. Senior Commissioners will be participating telephonically and will not be physically present at the Senior Community Center.

If you would like to speak on an agenda item, you can access the meeting remotely:

Join from a PC, Mac, iPad, iPhone, or Android device: Please use this URL  
<https://us02web.zoom.us/j/89547644696>

If you do not wish for your name to appear on the screen, then use the drop-down menu and click on "rename" to rename yourself to be anonymous.

Or join by phone:

\*67 (877)853-5247 (Toll Free) or \*67 (888) 788-0099 (Toll Free)  
Enter Meeting ID: 895 7464 4696

If you want to comment during the public comment portion of the agenda, Press \*9 and we will select you from the meeting queue.

Note: your phone number will appear on the screen unless you first dial \*67 before dialing the numbers as shown above.

**1. ROLL CALL**

The meeting was called to order at 10:06am.

Present 7: Woycheshin, Comelo, Dillon, Frates, McHenry, Miller, Wu

Absent: Anderson

Also in attendance: City Staff Criswell, Escobar, McVicker, Tabilang; Guests none.

**1.A Introductions - New and Returning Commissioners**

Each Commissioner gave a brief introduction.

**2. APPROVAL OF AGENDA OF May 20, 2021**

Approved - MSC (McHenry, Comelo), (7 Ayes, 0 Nays)

**3. APPROVAL OF MINUTES OF April 15, 2021**

Approved - MSC (McHenry, Miller) (6 Ayes, 1 Abstention)

**4. PUBLIC COMMENTS**

None.

**5. CORRESPONDENCE**

None.

**6. PRESENTATIONS****6.A. FLEX RIDES Program Updates - Liz Escobar, FLEX RIDES Program Coordinator**

Liz Escobar, City Administrative Assistant for FLEX RIDES, presented information on "FLEX RIDES Program Updates".

**7. ORAL REPORT OF SECRETARY**

•No change to the status of the Senior Community Center; it remains closed to the public. The City's Safety Team is currently concentrating their planning efforts on reopening City Hall; the Community Centers will follow at later dates.

•A COVID Vaccination clinic was conducted in partnership with the Alameda County Public Health Department yesterday. 46 Johnson and Johnson vaccinations were administered.

•Staff continue to distribute Spectrum Senior Meals and Mercy Brown Bags, conducting Bingo and Chit Chat social programs online, and to make wellness calls.

•May Community Education Programs topics included a presentation by the Health Insurance Counseling and Advocacy Program about Aging in Place on May 7. Tomorrow Veterans Administration staff will discuss veterans benefits and Alzheimer's Association staff will present "Healthy Living for Brain and Body" on June 11.

•The content on the Virtual SCC page is frequently updated.

## **8. UNFINISHED BUSINESS**

### **8.A. Age Friendly Community - Discussion of Asset Inventory, appointment of representative to Alameda County Council for Age Friendly Communities**

Chair Woycheshin introduced the topic by noting that there was a lot of material to review in a short amount of time before today's meeting and she did not expect everyone to have done so.

Frates questioned who will be doing the work of compiling the Asset Inventory. Criswell responded that, similar to the process of completing the Age Friendly application, the Commission will prepare an initial draft inventory to be submitted to City staff for review. She will circulate the information to other City departments for their input as appropriate.

Woycheshin reported that the Ad Hoc Committee that was formed to work on the draft application had prepared a list of assets that could be the basis for further work by the Commission on this task. She requested that Commissioners review the materials from AARP prior to the June Commission meeting to prepare for a more in-depth discussion of how to approach the draft Asset Inventory. She specifically recommended that Commissioners view the 13 minute video from AARP as it explains five steps to be undertaken to prepare the Age Friendly Plan.

Comelo suggested that everyone review the AARP materials and then the Commission could develop a sequenced list of items to accomplish.

Dillon stated that she'd reviewed the video and one of the items that was mentioned was to conduct a service gap analysis. She stated she'd reviewed the Human Services Gap Analysis posted on the City's website, and asked when the City would be conducting another gap analysis. Criswell responded that she would ask if there plans in place to do so, and will email the 2017 document to Commissioners for their review.

McHenry said the County has publications that list available services for seniors that would be useful for preparing the Inventory. Criswell will email three Resource Guides prepared by the Area Agency on Aging to Commissioners.

Wu asked whether the Commission has an online repository or library instead of having information sent via email. Criswell stated there was not one, and thanked Wu for the idea. Woycheshin noted that one on-line resource always available is the Meeting Central page on the City's website, where Commissioners can review previous meetings' minutes and recordings. Criswell specifically recommended reviewing the March 2021 meeting recording, where AARP representative Nazarians made a presentation about

the Age Friendly Planning process.

Woycheshin next introduced the topic of Commission representation at the Alameda County Age Friendly Council. Comelo recommended that Woycheshin serve as the representative; Woycheshin declined. Comelo and Dillon volunteered to serve.

#### 8.B. COVID Vaccination Community Outreach and Education

McHenry reported that the Davis Street medical clinic now has COVID vaccinations available on a drop in basis; very few appointments are currently being made. McHenry was able to assist around 20 people with making appointments and additionally transported some of them to receive their vaccinations. She feels her work in this area is complete. Her takeaway is that there is a huge gap in services in the area of outreach to seniors that are isolated and/or homebound that do not have internet access and/or skills.

Frates thanked McHenry for a job well done in connecting seniors with vaccinations.

Criswell asked McHenry whether she wished to continue to have this item on Commission meeting agendas; McHenry said it was no longer necessary to include it.

#### 9. NEW BUSINESS

None.

#### 10. ORAL REPORT OF CHAIR

Woycheshin noted that May is Older Americans Month. She attended the May 17 City Council meeting to receive the City's Proclamation of Older Americans Month on behalf of the Commission.

Woycheshin reported that she had received a thank you note from Davis Street acknowledging the Commission's donation in memory of Al Frates. Commissioner Frates expressed her thanks to the Commission.

Woycheshin stated that nominations for the offices of Chair and Vice Chair of the Senior Commission will be on the Agenda of the June 2021 Commission meeting; the election will be held at the July, 2021 Commission meeting.

The City of Dublin recently opened an "all abilities" park in Dublin; this might be something to consider as part of San Leandro's Age Friendly Plan.

#### 11. COMMISSION COMMENTS

Comelo welcomed the new Commissioners. She recently shared her immigration story with Mallari at the San Leandro Library. A copy of her personal memoir "In Quest of the American Dream" is also in the San Leandro Library's collection. She was glad to recommend Daisy Murray to receive a Proclamation from the City Council.

Dillon stated she is glad to be on the Senior Commission and that today's

meeting was interesting and productive.

Frates expressed her pleasure about returning to the Commission, welcomed the new members, and thanked the Commission for their donation to Davis Street in memory of her husband Al.

McHenry remarked that Comelo had shared information about donation of CPAP machines for India with her; McHenry subsequently shared on social media and was able to personally deliver some equipment to MedShare for this cause. A senior group that she enjoys is planning some outings; she feels cautious yet hopeful about the State's reopening plans.

Miller said she enjoyed the meeting; there is a lot of good energy in the group.

Wu noted that May is AAPI Heritage Month and expressed her interest in the project of surveying San Leandro's diverse community. She is looking forward to when the Commission is able to meet in person.

## 12. ADJOURNMENT

Approved - MSC (McHenry, Frates) (7 Ayes, 0 Nays).

Adjournment: 11:46am