

## Declaring March as the Annual March for Meals Month in San Leandro

**WHEREAS**, on March 22, 1972, a law was signed into measure that amended the Older Americans Act of 1965 and established a national nutrition program for seniors 60 years and older; and

WHEREAS, Meals on Wheels America established the "March for Meals" campaign in March 2002 to recognize the historic month and raise awareness about the escalating problem of senior hunger in America; and

**WHEREAS**, Service Opportunity for Seniors / SOS Meals on Wheels, a program providing home-delivered meals, has admirably served our San Leandro community and beyond for 40 plus years; and

WHEREAS, volunteers for SOS Meals on Wheels are the backbone of the program and they not only deliver nutritious meals to seniors and individuals with disabilities who are at risk of hunger and isolation, but also caring concern for their welfare; and

WHEREAS, SOS Meals on Wheels serves as a powerful socialization opportunity for millions of seniors to help combat the negative health effects and economic consequences of loneliness and isolation; and

WHEREAS, SOS Meals on Wheels deserves recognition for the contributions they have made and will continue to make to San Leandro.

**NOW**, **THEREFORE**, I Pauline Russo Cutter, Mayor of the City of San Leandro, do hereby proclaim March 2022 as the 20th Annual "March for Meals Month" and urge every resident to take this month to honor our Meals on Wheels programs, the seniors they serve and the volunteers who care for them.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of San Leandro to be affixed this 21<sup>st</sup> day of March 2022.