



City of San Leandro

Age-Friendly Action Plan

City Council & Senior Commission
Working Session, June 10, 2024

Today's Agenda

- Project Background
- Our Community Engagement Process
- Action Plan Priority Areas & Projects
- Next Steps
- Open Discussion (your comments, questions)

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1

Background Info

What is the Age-Friendly Action Plan?

A five-year roadmap outlining the work still to be done to make our city a more livable and happier place for its older adults (and by extension, residents of all ages)

Why an Age-Friendly Action Plan?

1. To be prepared for dramatic growth in older adult population (e.g., baby boomers, with advances in medical technology, public health, and living standards)
2. To combat the bias of ageism and reduce isolation and loneliness from the COVID pandemic
3. To secure additional funding through focused, intentional senior services planning

Alignment with Key Partners

1. Fulfills requirements of membership in AARP's Network of Age-Friendly States and Communities
2. Aligns with age-friendly projects/activities in County adult and aging plans, City strategic plans, and missions of other City Commissions
3. Aligns with goals of local age-friendly community partners

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Community Engagement

How Key Stakeholders Informed Our Approach

- Helped us define ‘age-friendly’ and the problem to solve
- Asked us to engage a random sample of diverse community members, not just the usual stakeholders
- Informed the projects/solutions for residents to vote on/rank in the community survey

The image shows a group of people, primarily older adults, engaged in a community meeting. They are standing around a large whiteboard that has been divided into several sections. The sections are titled in both English and Vietnamese. The English titles are: 'Community Agreements', 'Civic Participation and Volunteering', 'Public Safety', and 'Healthcare'. The Vietnamese text is written in the same sections. The people are looking at the board and pointing at specific items, appearing to be in a collaborative meeting or workshop. The whiteboard content includes various bullet points and lists, some with red dots next to them. The overall atmosphere is one of active participation and discussion.

Listening Sessions

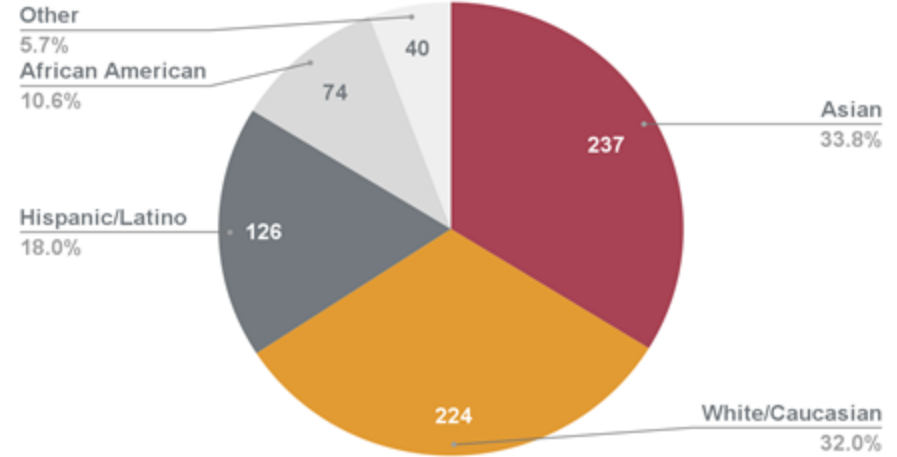
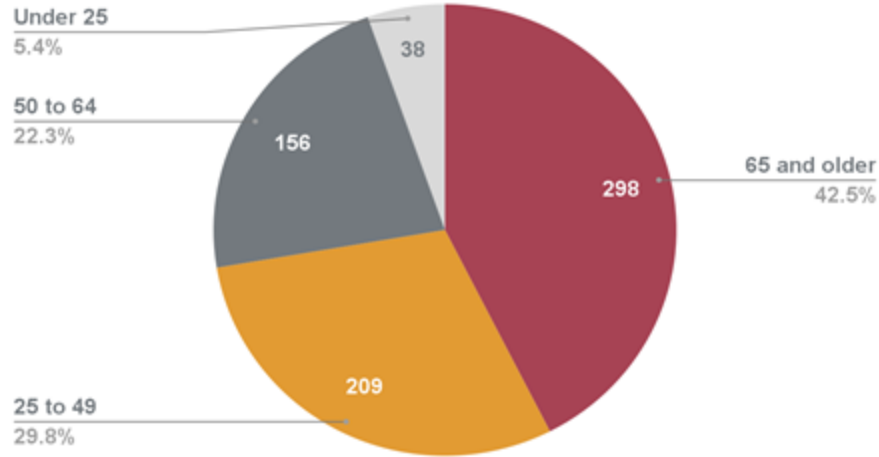
- Asians & Pacific Islanders (15 participants)
- Blacks & African Americans (11)
- Hispanics & Latinos (11)
- LGBTQ+ Residents (12)
- Disability & Chronic Illness Community (5)
- Native & Indigenous Peoples (9)
- General Population (12)
- Community-Serving Organizations (10)

Listening Sessions

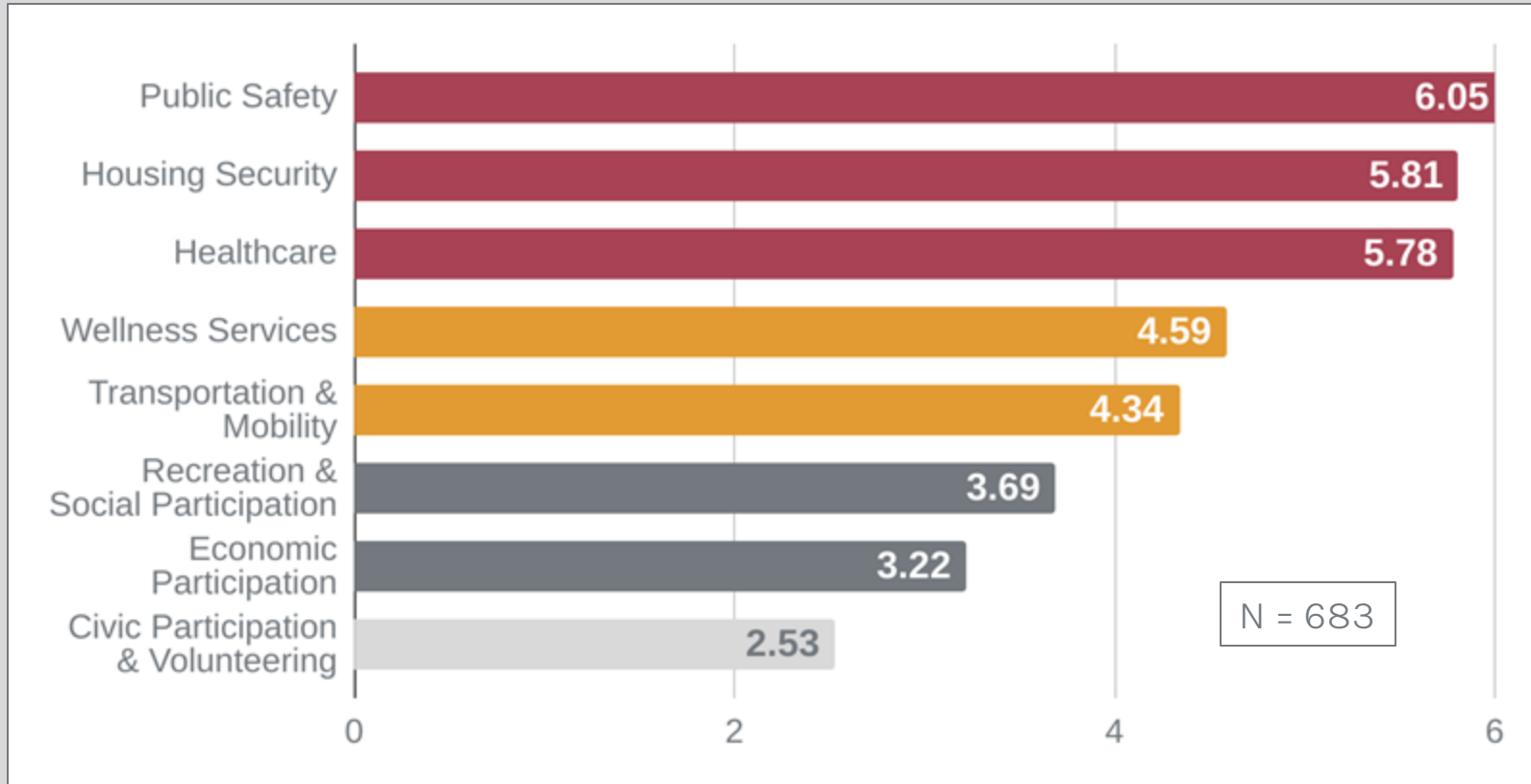
- Caregiving resources/access/respite
- Need to address pedestrian safety and fear of crime
- Better communication about existing resources
- Need to address social isolation and loneliness
- Need for affordable, accessible housing
- Need for affordable, reliable transportation

Community Survey

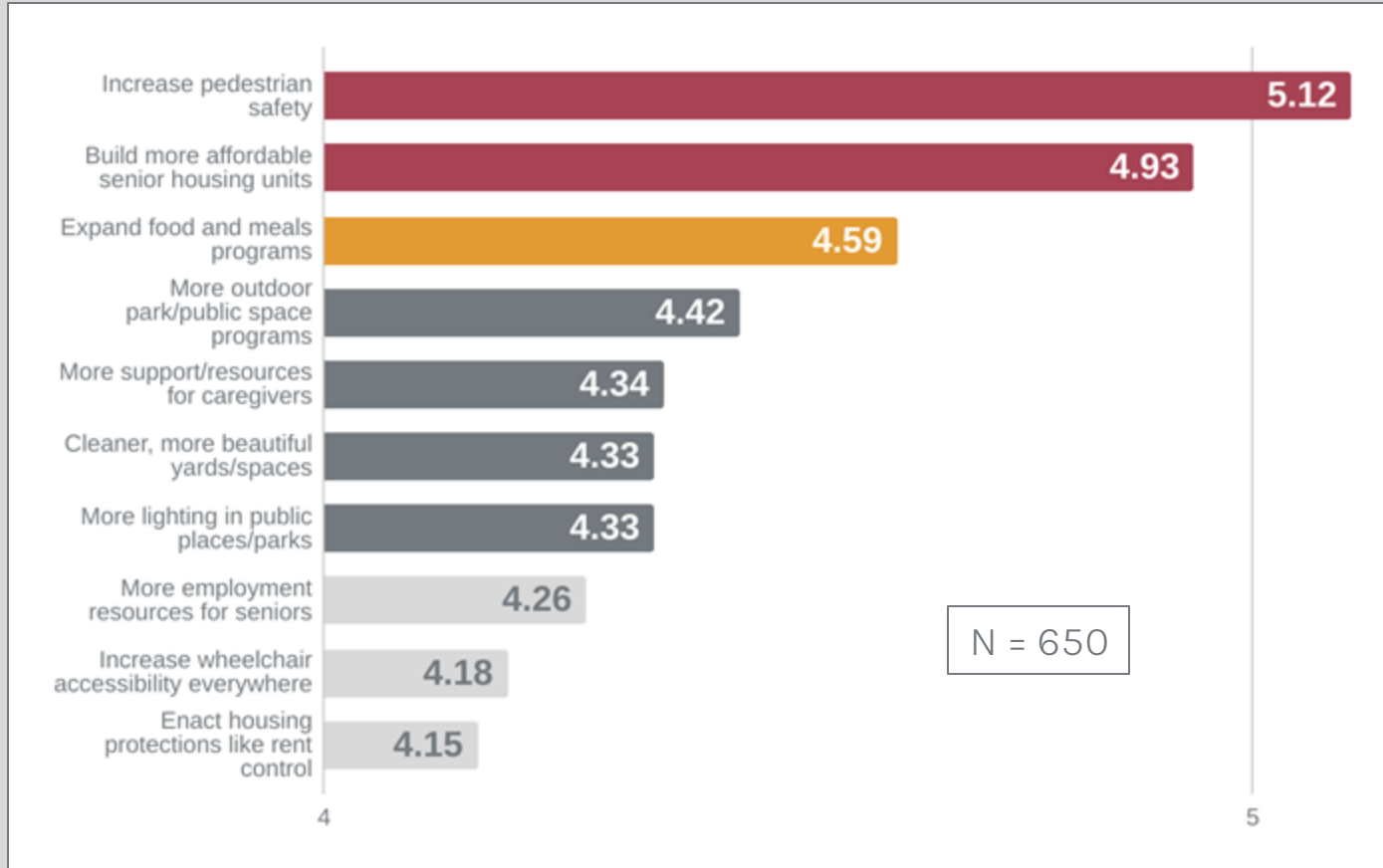
- 701 responses from San Leandro residents
 - 410 paper surveys and 291 online surveys



Community Survey Rankings - Policy Areas



Community Survey Rankings - Possible Solutions



Commissioner Involvement

- Presented to Other City Commissions & Civic Groups
- Helped Staff the Listening Sessions
- Helped Promote the Community Survey
- Reviewed the Community Engagement Data (April 18)
- Recommended Priority Areas & Projects for the Draft Plan (April 24)

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Staff Recommendations

Priority Areas & Projects

1. Plan Sustainability

1. Operationalize the Age-Friendly San Leandro initiative
2. Improve communications and outreach about existing resources
3. Ensure language accessibility across all communications and services

2. Personal Protection

4. Install pedestrian safety measures
5. Clean and beautify high-traffic pedestrian areas
6. Help protect residents from cyber attacks and fraudulent activity

Priority Areas & Projects (continued)

3. Housing Security

7. Identify short-term projects that complement existing local affordable housing efforts

4. Health & Wellness

8. Expand existing food, meal and basic needs programs

9. Provide respite and resources for family and volunteer caregivers

Priority Areas & Projects (continued)

5. Transportation

10. Expand accessible transportation options for seniors and persons with disabilities

11. Improve ADA accessibility of infrastructure, facilities, and services

6. Social Connection

12. Provide day trips to local parks and outdoor areas

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Action Plan

Next Steps

Remaining Timeline & Milestones

- Public Comment Period (May 21 - June 11)
- Incorporate Feedback from Public, City Council (June 2024)
- Adoption of Plan (July 2024)

Discussion Questions

- Do you have any feedback on the priority areas and/or projects in the draft Action Plan?
- What else do you need to see to provide your support for this Plan and agreement that it addresses the health and wellness of seniors and the whole community?



City of San Leandro **Age-Friendly Action Plan**

Send feedback and suggestions to:
mk.pearstreetconsulting@gmail.com
pnaranjo@sanleandro.org