



# Age-Friendly San Leandro Initiative Updates

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## **Plan Sustainability Priority—which includes implementing the structure and systems (e.g., funding, staffing, and partnerships) necessary for the long-term success of the Age-Friendly San Leandro initiative**

- 1) Coordinate age-friendly City staff and community partner trainings (e.g., First Aid, CPR, adult protective services, homelessness response)
  - De-escalation staff and volunteer training on July 2<sup>nd</sup>
  - Part 2 CPR and First Aid staff training during fall 2025
- 2) Participate on the Alameda County Council for Age Friendly Communities
  - July 18<sup>th</sup> monthly meeting
- 3) Implement Age-Friendly San Leandro Comprehensive Communications Plan
  - Kaiser Permanente Grant award to conduct fall Senior Services Expo
  - Overview of recent outreach and analytics
  - Human Services Commission presentation on July 23<sup>rd</sup>



## **Personal Protection Priority—which includes protecting the physical, psychological, and financial safety of residents of all ages, whether at home, in public or across cyberspace**

1) Complete UC Berkeley SafeTREC (SafeTREC) and California Walks' Community Pedestrian and Bicycle Safety Training (CPBST) Program CPBST

- Final Report
- UC Berkeley Stories from the Field interview

2) Negotiate a scope of work, MOU and/or contract with Tech Exchange to provide free technology support services to San Leandro older adults through the Senior Resource Fair and at the Senior Community Center

- Tech Exchange contract
- Tentative SOW and budget



## Personal Protection Priority—Continued

- 3) Coordinate a community engagement opportunity at the Senior Community Center for older adults to provide input on the Local Hazard Mitigation Plan (LHMP) Local Hazard Mitigation Plan survey at Senior Community Center
  - Current LHMP survey outreach efforts
- 4) Engage MV Transportation, LINKS, ALTRANS, AC Transit, Uber, Lyft, and other transportation operators/providers to explore getting into contract for evacuation services during an emergency
  - MV Transportation contract
  - Engagement of Alameda County Fire Department, City of San Leandro Emergency Preparedness Specialist, and Alameda County Public Health Department's Emergency Medical Services to support the design of the program
- 5) Personal Protection—Participate on the Alameda County Access and Functional Needs (AFN) Advisory Committee
  - July 18<sup>th</sup> meeting

# **Housing Security Priority—which includes reducing the physical, psychological, and financial cost of owning, renting and maintaining one's home so all residents can stay in community and age-in-place**

1) Collaborate with Community Development Department on a potential new CDBG contract with Front Porch to implement a HomeMatch program in San Leandro

- Contract
- Presentations to Senior and Human Services Commissions
- City outreach and promotion efforts

**Health & Wellness Priority—which includes ensuring San Leandro seniors have affordable, equitable access to physical and mental health care, especially the basic needs of food, clothing, and hygiene**

1) Coordinate Alameda County Healthy Brain Initiative Alzheimer's Disease and Related Dementias (ADRD) trainings at the Senior Community Center

- Fall 2025 trainings

2) Collaborate with local and/or regional organizations, such as the Institute on Aging, Family Caregiver Alliance, and Alameda County IHSS, to provide a family caregiver resource fair, Caregiver Appreciation event, and/or monthly family caregiver workshops at the Senior Community Center

- Kaiser grant application to fund a caregiver event in fall 2025.



## **Social Connection Priority—which includes combating the epidemic of isolation and loneliness through creative, varied opportunities for trust building, social interaction, and shared learning**

1) Amend the contract with the operator of the FLEX Rides shuttle program to provide monthly day trips for older adults to visit local and regional parks, museums, and Beautify San Leandro volunteer events

- MV Transportation Contract
- Annual trip to the Senior Living Festival at the Oakland Zoo





# Age-Friendly San Leandro

Send feedback and suggestions to:

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