

VACCEB

Community Food & Mental Health Support Initiative

June

2026

Year 1 Progress | July 2025 – June 2026
City of San Leandro CAP Grant

Who We Are

198 e 14th St. San
Leandro CA 94577

Programs ->

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Food Security

Mobile Meal Program
Free Grocery Bags
Hot meals
Pantry day

I&A

Translation services
Government Benefits Assistance
Housing
Employment

Health and Wellness

Tai Chi and Yoga classes
Health Workshops
Health fairs

It is our mission to support the **needs of the refugee and immigrant communities through educational, cultural, and social services** which will promote their well being, integration and empowerment so they can more fully integrate socially and economically into American society.

Citizenship

Citizenship class
Legal assistance

Education

ESL
Digital Literacy

Senior Activities

Karaoke
Birthday parties
Field trips
Holiday events



CAP GRANT SCOPE OF WORK

Mission

The Community Food & Mental Health Support Initiative was designed to address two interconnected gaps in San Leandro:

- **Goal 1** Improve food security through meal bag distribution
- **Goal 2** Expand CalFresh enrollment
- **Goal 3** Enhance mental health awareness and access

Goal 1: Food security

Target: 750 meal bags / year → ~75 unduplicated clients, 3,750 meals

How we delivered it:

- Bi monthly open to public pantry bag handouts
- Ordering done through Costco

Public Pantry day meal bags:

Quarter	Target Bags	Actual Bags	Clients Served
Q1 (Jul-Sep 2025)	187	0	0
Q2 (Oct-Dec 2025)	187	0	0
Q3 (Jan-Mar 2026)	187	375 (5 meals each bag)	60 unduplicated clients
Q4 (Apr-Jun 2026)	189	400 (5 meals each bag)	65 unduplicated clients
TOTAL	750 bags	775 bags (3,875 meals total)	125 unduplicated clients



Goal 2: Expand Calfresh

Target: 36 individuals assisted annually (9 per quarter)

Calfresh sign ups:

Quarter	Target Sign Ups	Actual Sign Ups
Q1 (Jul-Sep 2025)	9	12
Q2 (Oct-Dec 2025)	9	22
Q3 (Jan-Mar 2026)	9	38
Q4 (Apr-Jun 2026)	9	19
TOTAL	36 sign ups	91 sign ups



How we delivered it:

- Weekly office hours for application support
- 1:1 consultations for complex cases / troubleshooting
- Translation!!

Goal 3: Mental Health Education & Referrals

Target:

- 2 workshops/year → 30 participants each = 60 total
- 36 referrals to our mental health services
- 2 staff trained as first-contact resources

Workshops:

Quarter	Target Sign Ups	Actual Sign Ups
SCAN Mental Health Education: April 22, 2026	30	61
Mental Health toolkit: November 2025/26	30	67
TOTAL	60 sign ups	128 participants

Referrals made in house: 30 out of 36 target - lower participant count than expected due to not enough staff available to consult.

Who we referred them out to: 6 referred out to SCAN

Counselors trained: 2 currently going through counseling with the Lay Counselor academy



Bridging the Gap in Mental Health care



THE
LAY COUNSELOR
ACADEMY

Staff training

Target: 2 trained and 2 staff currently being trained as first-contact mental health counselors

- Staff in training: Hang Tran and Deni Rodriguez
- Staff in Queue for Training: Priscilla
- Training content: mental health literacy, early intervention techniques, referral protocols



Community Partnerships

1. **SCAN** - Free mental health counseling for caregivers
 2. **Lay Counselor Academy**
 3. **San Leandro Senior Center** - Calfresh signups
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**THANK YOU FOR
YOUR SUPPORT!**