



City of San Leandro

Civic Center
835 East 14th Street
San Leandro, California

Minutes

Senior Commission

Chair Janice Woycheshin, District 3

Vice Chair Bella Comelo, District 6

David Anderson, District 1

Mary Jo Knueven, District 5

Claudia McHenry, At Large (5)

Adrienne Miller, District 4

Vacancy, District 2

Vacancy, At Large

Vacancy, At Large

Thursday, January 21, 2021

10:00 AM

Access the meeting remotely by using this URL

<https://us02web.zoom.us/j/89547644696>

Special Meeting

This meeting is being held in accordance with the State Emergency Services Act, the Governor's Emergency Declaration related to COVID-19, and the Governor's Executive Order N-29-20 issued on March 17, 2020 to allow attendance by members of the Senior Commission by teleconference, videoconference, or both.

Please be advised that pursuant to the Executive Order, and to ensure the health and safety of the public by limiting human contact that could spread the COVID-19 virus, the Senior Community Center will not be open for the meeting. Senior Commissioners will be participating telephonically and will not be physically present at the Senior Community Center.

If you would like to speak on an agenda item, you can access the meeting remotely:

Join from a PC, Mac, iPad, iPhone, or Android device: Please use this URL
<https://us02web.zoom.us/j/89547644696>

If you do not wish for your name to appear on the screen, then use the drop-down menu and click on "rename" to rename yourself to be anonymous.

Or join by phone:

*67 (877) 853-5247 (Toll Free) or (888) 788-0099 (Toll Free)

Enter Meeting ID: 848 9955 7250

If you want to comment during the public comment portion of the agenda, Press *9 and we will select you from the meeting queue.

NOTE: Your phone number will appear on the screen unless you first dial *67 before dialing the numbers as shown above.

1. ROLL CALL

The meeting was called to order at 10:05am.

Present 6: Woycheshin, Comelo, Knueven, McHenry, Mendoza, Miller

Unexcused: Anderson

Also in attendance: City Staff Susan Criswell, Michael Hamer, Pauline Tabilang; Guests Katherine Frates and DM Trujillo.

1.A Introductions - New and Returning Commissioners

Each Commissioner gave a brief introduction.

2. APPROVAL OF AGENDA OF January 21, 2021

Approved - MSC (McHenry, Comelo) (6 Ayes, 0 Nays)

3. APPROVAL OF MINUTES OF November 19, 2020

Approved - MSC (Knueven, McHenry) (6 Ayes, 0 Nays)

4. PUBLIC COMMENTS

Katherine Frates, former member of the Senior Commission, stated that she enjoyed knowing and working with the Commission for the past eight years. She wished all a happy and hopefully back to normal 2021. She stated that the new members will enjoy working with this Commission very much.

5. CORRESPONDENCE

None.

6. PRESENTATIONS

None.

7. ORAL REPORT OF SECRETARY

- There has been no change to the status of the Senior Community Center; it remains closed to the public due to no significant changes in Public Health orders.
- The City partnered with Alameda County Supervisor Wilma Chan and the Alameda County Public Health Department to conduct a free flu shot clinic on Wednesday, December 16. 125 doses were administered.
- Senior Services staff continue to distribute Spectrum Senior Meals and Mercy Brown Bags, and make wellness calls. Community Education Programs topics in January are Estate Planning and More and Fall Prevention 101; staff is finalizing the programs for Spring 2021. The content on the Virtual SCC page is frequently updated.
- Staff continue to meet bi-weekly with paratransit consultants Nelson/Nygaard to coordinate work on the FLEX RIDES expansion plan. The new routes are being tested by vendor MV Transportation, and staff is working with Public Works and Engineering and Transportation on the installation of signs for existing and new stops. Ridership levels for both services continue to be below pre-pandemic levels. Staff are also working on the Alameda County Transportation Plan Application for FY 2021-2022 that is due at the end of February.
- Criswell provided a brief overview of FLEX RIDES paratransit services for the new Commissioners. Staff will send new Commissioners information regarding FLEX RIDES and the Age Friendly City designation process, and provide a brief orientation.

8. UNFINISHED BUSINESS

8.A. Discussion of Age Friendly Initiative - Next Steps

Woycheshin called on Comelo to address the topic of the next steps for the

Age Friendly Initiative. Comelo stated that she would like the Commission to introduce this topic at the City's Town Hall meetings, with each Commissioner representing their districts. She also reported that she is not familiar with the next steps to prepare the Action Plan and would like everyone to bring talking points to the next Commission meeting.

Knueven suggested that new Commissioners may want to be added to AARP's email distribution list to gain more information; she finds the information she receives very helpful.

McHenry will forward information about AARP's email distribution list to the Commission. She also receives a lot of useful Age Friendly information from the City of Fremont. She noted that the Age Friendly process is not completed with the acceptance of the Age Friendly application.

Comelo suggested Criswell provide additional information about the Age Friendly City designation to the new Commissioners during their orientation.

9. NEW BUSINESS

9.A. Discussion of COVID Vaccine Community Outreach and Education

Woycheshin called on Knueven to introduce the topic which was agendaized at Knueven's request.

Knueven attends the City's Disaster Council meetings via Zoom. There are definitely problems with the distribution of the vaccine; many are confused and some may be refusing the vaccine. One of the challenges is that supplies of the vaccine are limited. Things change on a daily basis. Vaccine education is important.

Comelo was able to schedule her vaccination through Sutter Health after a very long phone wait.

McHenry was able to schedule her vaccination from Kaiser after a 20-minute wait on the phone at 1 (866) 454.8855; she recommended that people stay on the line until they have the option to connect with staff. Kaiser's supply is very limited and they are only vaccinating medical staff and patients aged 75+. Alameda County has sent out information to register for vaccination information. She doesn't believe that the Commission can do any outreach until there is a positive message to convey.

Knueven stated that the San Leandro Times is an effective way to communicate with seniors.

Criswell reported that there are several links regarding the vaccination posted on the Virtual Senior Community Center webpage, and encouraged all to register with Alameda County for vaccine updates.

10. ORAL REPORT OF CHAIR

Chair Woycheshin again welcomed new Commissioners Mendoza and Miller. She suggested that it would be helpful for them to review past meetings' recordings and minutes on the City's Meeting Central page.

Woycheshin reported that this morning's San Leandro Times featured information about how to receive a free credit report in the Senior Section, along with information about bathroom modifications and other topics. The City's new Warm Line service was also included in this edition.

11. COMMISSION COMMENTS

Comelo welcomed the new Commissioners and is happy to continue working with returning Commissioners, and wished a happy new year to all.

Knueven welcomed the new Commissioners and urged them to look up information on the annual Commission Forums. Past topics have included Hospice and Palliative Care, What Is Your Plan B?, and addiction. She questioned why there seemed to be so few Commissioners. Criswell responded that there are currently two At Large vacancies. Knueven also asked for clarification of Tabilang's role; Criswell replied that Tabilang will be assisting with the technical aspects of hosting the Zoom meeting.

McHenry welcomed new Commissioners and reiterated there are still vacancies on the Senior Commission; also one Commissioner is absent today. She appreciated the opportunity to share information on COVID vaccines. She mentioned she misses meeting in person and looks forward to meeting in person again. She expressed her thanks to City staff.

Mendoza thanked everyone for the warm welcome and stated he looks forward reviewing the information he's received in order to get up to speed. He thanked staff for the welcoming email.

Miller appreciated how welcoming the Commission is. She looks forward to working with the team and helping the community.

12. ADJOURNMENT

Motion to adjourn.

Approved - MSC (McHenry, Comelo) (6 Ayes, 0 Nays)

Adjournment: 11:05am