



City of San Leandro

City Hall
835 East 14th Street
San Leandro, California

Minutes

Senior Commission

Thursday, October 17, 2024

10:00 AM

Senior Community Center 13909 E. 14th St.

1. ROLL CALL

Present 8: Woycheshin, Comelo, Aparicio, Dillon, Lopez Nacario, McHenry, and McMichael-Cady

Excused Absences: Commissioners Miller and Peña

Also present were Jessica Lobedan, Human Services Director, and Commission Secretary Pedro Naranjo

2. APPROVAL OF AGENDA OF OCTOBER 17, 2024

Approved-MS (McHenry, Lopez Nacario) (7 Ayes, 0 Nays, 0 Abstentions)

3. APPROVAL OF MINUTES OF SEPTEMBER 19, 2024

Approved-MS (Lopez Nacario, McHenry) (7 Ayes, 0 Nays, 0 Abstentions)

[24-461](#)

Draft Minutes of the Senior Commission Meeting of September 19, 2024

Attachments: [2024.9.19 DRAFT Senior Commission Minutes](#)

4. PUBLIC COMMENTS

One member of the public greeted the Commission and provided an introduction.

Naranjo reported that no public comment was received via eComment; the Commission was informed by email on Wednesday, October 16, 2024.

5. CORRESPONDENCE

None

6. PRESENTATIONS

6.A. Human Services Department Update

Director Lobedan provided an update regarding the Human Services Department. Lobedan shared updates regarding the organizational structure and capacity of the department, community needs and challenges, and current

projects and efforts. Commissioners asked question pertaining to the updates provided.

[24-462](#)

Human Services Department Update Presentation

Attachments: [Human Services Department Update Presentation](#)

7. ORAL REPORT OF SECRETARY

7.A. Outreach Updates

Naranjo acknowledged that the third Thursday of October is International Shakeout Day. A day to educate the public about ways to stay safe during an earthquake. Naranjo showed a related City video, but the audio was poor, so Naranjo agreed to send the video link to the commissioners.

Naranjo shared that in support of the Planned Sustainability priority of the Age-Friendly Action Plan, which includes Improve communications and outreach about existing resources and services, the Human Services Department has implemented several outreach strategies ranging from face-to-face promotion to use of social media outlets.

7.B. Senior Services Updates

Naranjo thanked Commissioners Comelo, Lopez Nacario and Peña for attending the Spectrum Fall Prevention Awareness event on September 24th. It was a great event with good participation. Commissioners in attendance provided an update regarding their participation.

Naranjo shared an update about the Technology Assistance Workshop that supports the Social Connection Priority of the Age-Friendly Action Plan, which includes creating more opportunities for learning and social interaction between seniors and youth. Commissioners provided input to to help increase the effectiveness of the program.

Naranjo provided an update regarding the cybersecurity presentation held in collaboration between the Human Services Department and the City of San Leandro's Information Technology Department to support the Personal Protection Priority of the Age-Friendly Action Plan, which includes helping protect residents from cyber-attack and fraudulent activity.

Lastly, Naranjo invited the Commission to participate in the Silver Screen program on October 31st at 1:30 for a showing of the movie Beetlejuice.

7.C. Cooling Center Update

Naranjo shared that the City of San Leandro opened a cooling center at the San Leandro Community Library on October 2nd, 5th and 6th.

This concludes the oral report of the secretary

8. UNFINISHED BUSINESS

8.A. Age-Friendly Action Plan Implementation

Naranjo provided updates regarding progress made with Age-Friendly efforts. Mike King and Naranjo completed three Collaborative Planning Sessions with City Departments. The departments include Public Works, Information Technology, and the Public Information Team. More details will be provided by Mike King during an upcoming Senior Commission meeting.

Age-Friendly Action Plan presentations were given to the Human Services Commission on September 25th and to the Resilience Hub on September 26th. Commissioners Comelo, Dillon and Lopez Nacario helped with these presentations and shared an update.

On October 10th, Commissioner Comelo and Naranjo participated in this year's annual AARP California 2024 Network of Age-Friendly States and Communities (NAFSC) Regional Roundtable. Commissioner Comelo and Naranjo provided an update regarding this convening.

Lastly, Naranjo confirmed the Senior Commission Special meeting on November 7th, meeting site, and focus.

8.B. Commission priorities

Chair Woycheshin provided context regarding this item. The Commission discussed the Senior Commission Description of Boards and Duties and discussed which may need more involvement by the Commission. The Commission agreed to continue discussing this item to develop concrete ideas about how some of the priorities can be implemented.

Action Item: Naranjo will contact other City Commission secretaries to learn about their past and current interaction practices with the City Council. Naranjo will report back to the Senior Commission at a future meeting.

[24-463](#)

Senior Commission Description of Board and Duties

Attachments: [Senior Commission Description of Board and Duties](#)

8.C. Discussion regarding crime

Commissioner Lopez Nacario initially introduced this item, so she gave an update that included concerns about safety and resources that people can use to report crimes. Other commissioners shared similar thoughts and information regarding crime.

8.D. Institute of Aging/Volunteers Assisting Seniors

Commissioner Comelo provided an update regarding a connection made at the AARP Roundtable convening with a person aware of an organization called Trusted Rider, who appears to provide similar services as the Volunteers Assisting Senior program. Naranjo met with representatives from Trusted Rider and learned that they provide a range of services including technical assistance, training, and support with fund development. Naranjo

recommended that this be part of the Age-Friendly efforts given the alignment with the Transportation Priority of the Age-Friendly Action Plan. A motion was made to roll the Institute of Aging Volunteers Assisting Seniors item into the standing Age-friendly Action Plan Implementation agenda item and to remove it from Unfinished Business.

Approved-MS (McHenry, Comelo) (7 Ayes, 0 Nays, 0 Abstentions)

9. NEW BUSINESS

None

10. ORAL REPORT OF CHAIR

Chair Woycheshin shared topics of interest, including the upcoming Thanksgiving Luncheon. Chair Woycheshin requested that Naranjo resend the information to the Commission. Chair Woycheshin also suggested that the commissioners donate money to purchase a raffle prize for the event. This item will be added to the next Senior Commission meeting along with a discussion regarding the status of the December Senior Commission meeting.

11. COMMISSION COMMENTS

Commissioners shared topics of interest. Commissioner McHenry requested a roster of the Commission members, which Naranjo will provide. Commissioner Comelo excused herself after her comments due to another commitment. Commissioner Aparicio asked if an outline or the cybersecurity presentation can be shared with the Commission, which Naranjo will provide.

12. ADJOURNMENT

Approved-MS (McHenry, Lopez Nacario) (6 Ayes, 0 Nays, 0 Abstentions)