

Declaring March as the Annual March for Meals Month in San Leandro

WHEREAS, on March 22, 1972, a law was signed into measure that amended the Older Americans Act of 1965 and established a national nutrition program for seniors 60 years and older; and

WHEREAS, for five decades, this landmark law has helped to fund programs like Meals on Wheels and it is still the only federal program designed specifically to meet the nutritional and social needs of older adults; and

WHEREAS, Meals on Wheels America established the "March for Meals" campaign in March 2002 to recognize the historic month and raise awareness about the escalating problem of senior hunger in America; and

WHEREAS, Meals on Wheels congregate programs in San Leandro have served our communities admirably; and

WHEREAS, Meals on Wheels programs provide nutritious meals to seniors in San Leandro that help them maintain their health and independence; and

WHEREAS, Spectrum Community Services, a Meals on Wheels program in San Leandro, deserves recognition for the essential services they have provided amid the COVID-19 pandemic and will continue to provide to our community.

NOW, **THEREFORE**, I Pauline Russo Cutter, Mayor of the City of San Leandro, do hereby proclaim March 2022 as the 20th Annual "March for Meals Month" and urge every resident to take this month to honor our Meals on Wheels programs, the seniors they serve, and the volunteers who care for them.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of San Leandro to be affixed this 21st day of March 2022.