



# City of San Leandro

City Hall  
835 East 14th Street  
San Leandro, California

## Minutes

### Senior Commission

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Thursday, September 18, 2025

10:00 AM

Senior Community Center 13909 E. 14th St.

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#### 1. CALL TO ORDER PLEDGE OF ALLEGIANCE ROLL CALL

The meeting was called to order at 10:00 a.m.

Present 9: Woycheshin, Comelo, McHenry, Dillon, Lopez Nacario, McMichael-Cady, Brennan, Gopalkrishnan, and Peña.

Also in attendance were Tech Exchange Executive Director Ulises Zatarain, Tech Exchange Deputy Director Samuel Aristondo, and Senior Commission Secretary Pedro Naranjo.

#### 2. ANNOUNCEMENTS

Chair Woycheshin provided logistical guidance.

#### 3. CONSENT CALENDAR

Approved-MS (Brennan, Lopez Nacario) (9 Ayes, 0 Nays, 0 Abstentions)

[25-425](#)

Draft Minutes of the Senior Commission Meeting of July 17, 2025

Attachments: [2025.7.17 DRAFT Senior Commission Minutes](#)

#### 4. CITY STAFF REPORTS AND ANNOUNCEMENTS

##### 4.A. City-wide Updates

Naranjo shared updates regarding recent city events including OkDROber Fest, United for Safety BBQ and Badges, and shared that Saturday, September 30th is the next Beautify San Leandro event. Naranjo encouraged everyone to sign up for the monthly electronic city newsletter. Commissioners shared relevant questions and comments.

##### 4.B. Human Services Department-wide Updates

Naranjo shared that new commissioner name badges will be ordered to ensure that everyone has one, and that they are consistent. He passed a roster with names and asked everyone to confirm spelling of names.

#### 4.C. Senior Services Updates

An Ice Cream Social is scheduled for September 22nd from 2:00 p.m. to 4:00 p.m. at the Senior Community Center to celebrate the end of summer and the start of Fall Prevention Week. Spectrum Community Services will also be onsite to conduct balance assessments.

Falls Prevention Awareness Week is September 22nd through September 26th. Naranjo shared that falls continue to be a national public health concern. The Human Services Department's partners with Spectrum Community Services to help older residents prevent falls. Several evidenced-based fall prevention programs are offered at the San Leandro Senior Community Center. These programs aim to strengthen muscles, increase stamina, and improve balance to prevent falls.

On September 30th, San Leandro Senior Community Center fall prevention program participants, staff, city officials, and other supporters will gather at the San Leandro Marina Park for the Spectrum Community Services' Fall Prevention Awareness Walk. Attendees will end the day with a nutritious lunch. Naranjo invited commissioners and requested that they contact him if they are interested in attending.

Commissioners shared relevant comments and questions.

#### 5. PUBLIC COMMENTS

One member of the public was present and shared comments regarding items not on the agenda. Also, Naranjo reported that no public comments were received via eComment; the Senior Commission was advised by email on Wednesday, September 17, 2025.

#### 6. PRESENTATIONS

##### 6.A. Overview of Tech Exchange and San Leandro Services

Ulises Zatarain and Samuel Aristondo with Tech Exchange provided a presentation that included an overview of the organization, awareness about the digital divide, impact of services, and updates regarding the services offered in San Leandro through their collaboration with the Human Services Department.

[25-427](#)

Tech Exchange Overview of Services Presentation

Attachments: [Tech Exchange Overview Presentation](#)

#### 7. ACTION ITEMS

##### 7.A. Age-Friendly Implementation Updates

Naranjo provided Age-Friendly initiative updates regarding progress made with several of the Initiative's priorities. Specifically, updates were shared in

the following priority areas: Plan Sustainability, Personal Protection, Housing Security, Health & Wellness, Transportation, and Social Connection. Naranjo solicited input from commissioners and provided information regarding opportunities to support implementation efforts.

A member of the public shared relevant comments. Commissioners shared relevant questions and comments.

[25-426](#)

September 2025 Age-Friendly Initiative Update Presentation

**Attachments:** [Age-Friendly Initiative Priority Projects Update Presentation](#)

#### 7.B. Senior Commission Email Correspondence Practices

The commission modified the process for confirming attendance via email to determine quorum status. The new practice entails the secretary emailing the agenda packet to the commission, as a blind copy, with a request for an update confirming attendance sent only to the secretary. The secretary will continue to update the commission about quorum status.

#### 7.C. Status of October Senior Commission Meeting

The commission agreed to either cancel or reschedule the October 16th Senior Commission meeting. Everyone agreed that Naranjo will follow up via email requesting preference to cancel or reschedule. If the preference is to reschedule, Naranjo will share meeting date options.

### 8. COMMISSION REPORTS AND ANNOUNCEMENTS

All commissioners shared topics of interest.

### 9. ADJOURN

Approved-MS (Dillon, Brennan) (9 Ayes, 0 Nays, 0 Abstentions)  
Meeting adjourned at 11:59 a.m.

RESPECTFULLY SUBMITTED:

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First Last, Secretary

**MEETING ACCESSIBILITY**

In compliance with the Americans with Disabilities Act, a person requiring an accommodation, auxiliary aid, or service to participate in this meeting should contact the City Clerk 's Office at 510-577-3368 [kclancy@sanleandro.org](mailto:kclancy@sanleandro.org), as far in advance as possible, but no later than 72 hours prior to the meeting.

Translators and sign language interpreters are available if requested prior to the meeting. To request a translator, interpreter or any reasonable accommodation that may be necessary to participate in the meeting, please contact the City Clerk at 510-577-3368 or [kclancy@sanleandro.org](mailto:kclancy@sanleandro.org) at least 72 hours prior to the meeting.

Hay traductores e intérpretes de lenguaje de señas disponibles si se solicitan antes de la reunión. Para solicitar un traductor, intérprete o cualquier adaptación razonable que pueda ser necesaria para participar en la reunión, por favor, contacte a la Secretaría Municipal al 510-577-3368 o [kclancy@sanleandro.org](mailto:kclancy@sanleandro.org) al menos 48 horas antes de la reunión.