



La Clínica.

a california *health+* center

SCHOOL BASED HEALTH CENTERS



SBHCS PUT HEALTH CARE WHERE STUDENTS ALREADY SPEND MOST OF THEIR TIME – AT SCHOOL.

Enhanced **access to health care** by bringing it directly to where students and families are and **conducting active school-based outreach** to connect students with care.

Stronger prevention and population health by connecting clinical care with public health approaches such as **group and classroom education, school wide screenings and prevention programs**, or efforts to address the social determinants of health.

Intensive support for the highest need students by being present on a daily basis to manage chronic disease, address behavioral health issues, deal with crises, and help students and families **access resources**.

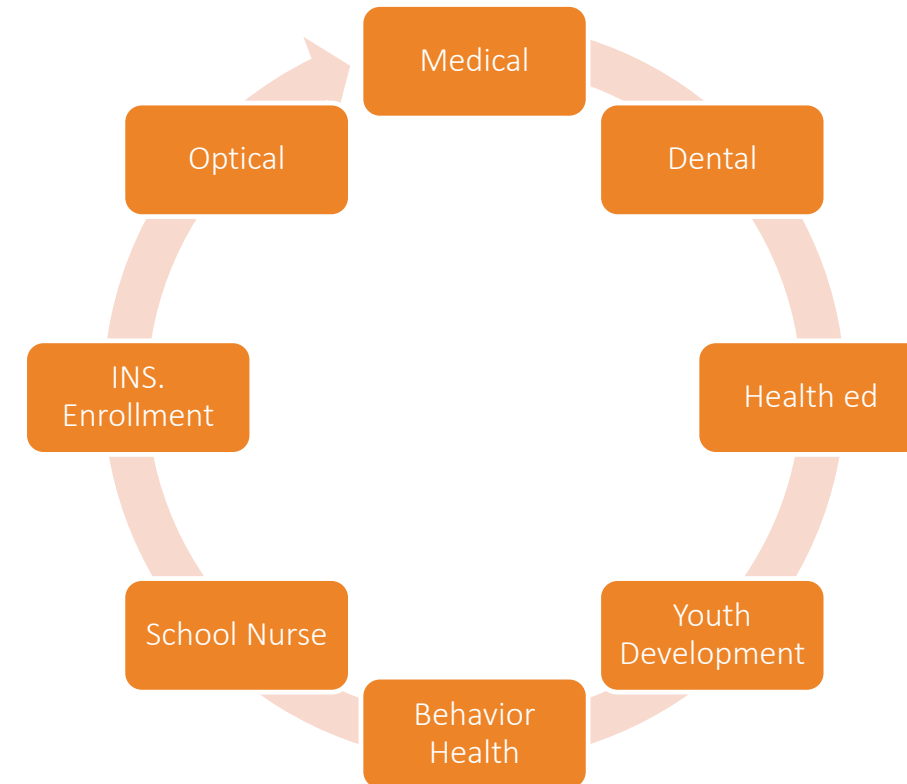
Support for the school's mission to improve academic achievement by working together to address absenteeism, school climate, and classroom behavior and performance.

Integration into the health care system by communicating and coordinating care with other providers and payers.

Research has shown, and teachers and educators intuitively know, that healthier children are better students because they are able to focus in class and are not distracted by hunger, pain, stress, or a chronic illness.

WELLNESS COLLABORATIVE - INTEGRATED MODEL

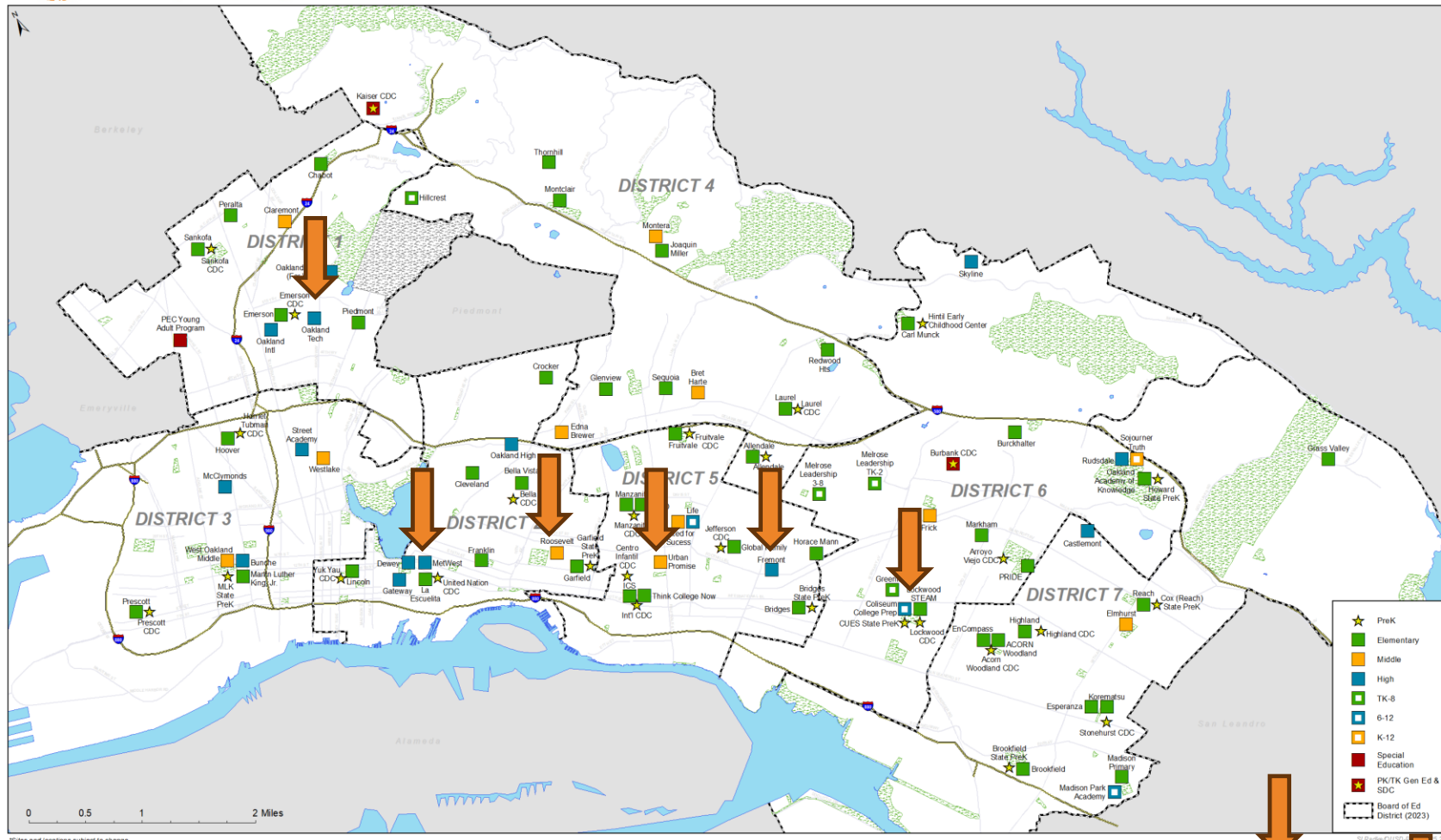
- Create an effective collaboration of services including medical, dental, behavioral / mental health, health education, optical, school nursing, and youth development opportunities within a safe, respectful and youth-centered environment.
- We honor confidentiality, and we do not charge any fees to students for any of our services





OAKLAND UNIFIED SCHOOL DISTRICT
Community Schools, Thriving Students

2024-25 Oakland District-Run Schools



San Lorenzo High School
REACH Ashland Youth Center

- **Fremont Wellness Center** (ages 14-21)
- Fremont High School students & alumni
- **Fuente Wellness Center** (ages 3-24)
- Edendale Middle School and community
- **Havenscourt Health Center** (ages 3-21)
- CCPA students, alumni & siblings & Lockwood Elementary
- **Hawthorne Health Center** (ages 3-18)
- Urban Promise Academy, World/Achieve and community
- **Techni Clinic** (age 14-21)
- Oakland Tech & Oakland International students & alumni
- **Roosevelt Health Center** (ages 3-18)
- Roosevelt MS, Garfield ES, & siblings
- **San Lorenzo Health Center** (ages 14-21)
- SLZ students and community
- **Youth Heart Health Center** (ages 3-21)
- La Escuelita, MetWest & Dewey and community

DATA DIVE:

Fuente Wellness Center

Preliminary School Health Center Client and Visit Summary: July 2025-December 2025

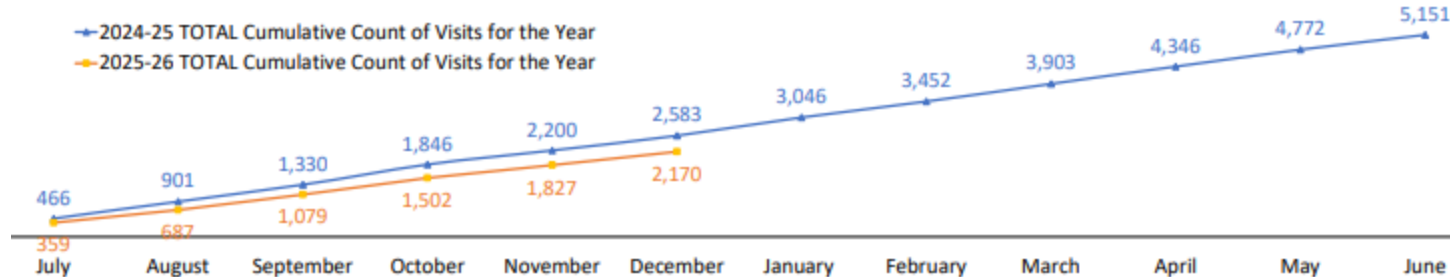
The data in this report describe school health center (SHC) medical/health education, behavioral health, case management and dental services.

School Health Center Total Clients



Source: OCHIN Epic, Dentrix

School Health Center Total Visits



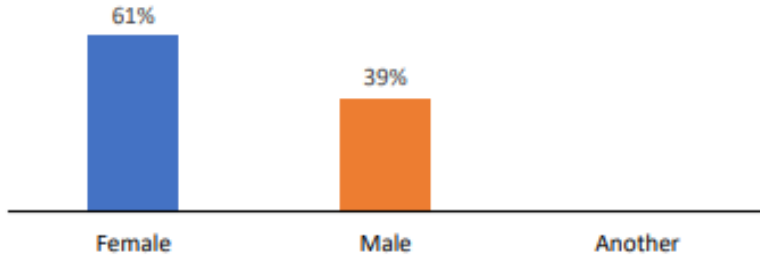
Source: OCHIN Epic, Dentrix

Fuente Wellness Center

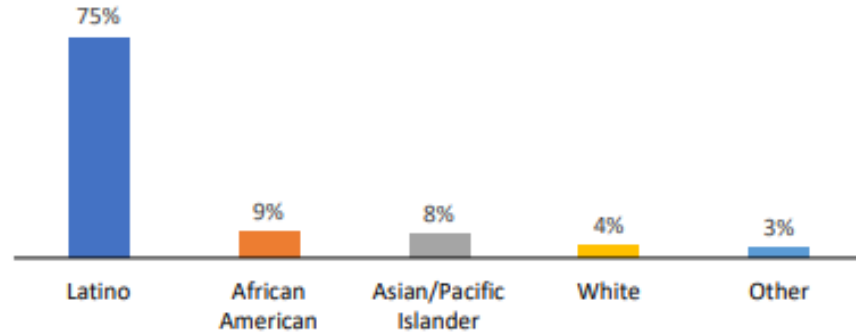
School Health Center Client and Visit Summary: July 2025-December 2025 (cont.)

The graphs below are based on data only from OCHIN Epic. Dental clients/visits data are not included.

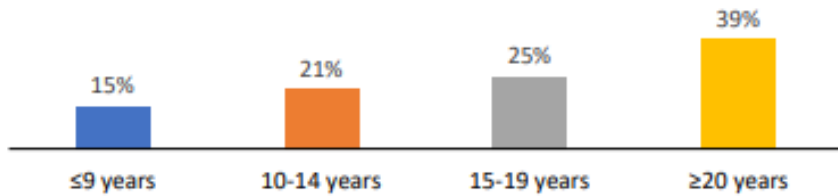
Clients by Gender (n=502)



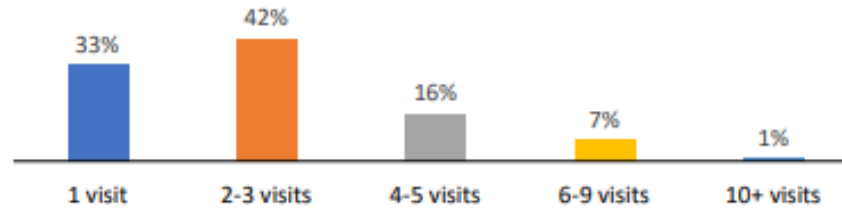
Clients by Ethnicity (n=477)



Clients by Age (n=502)



Clients by Number of Visits Made (n=502)





CITY OF SAN LEANDRO GRANT DELIVERABLES (BY JUNE 30TH)

1. No- cost medical, dental, health education services to 125 low-income San Leandro Youth---> 599 seen
2. Behavioral health services to 15 low- income youth ---> 218 IBHC visits
3. Connection to Hunger Vital Sign questions and healthy food access
4. Fuente Wellness Center Social Media
5. ASVs



ASVs

(Adolescent Screening Visits)

Population Health
Model

Students visit the
health center
(Ex: 9th graders)

Quick ~15-minute
Health Education
appointment

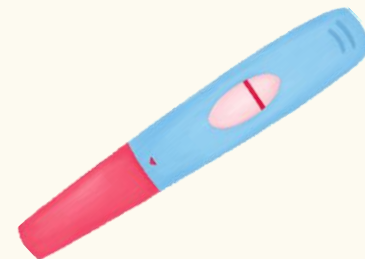
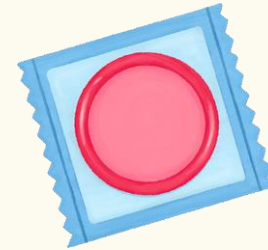
Provides
familiarity to the
services available

Students learn
how to schedule
an appointment

Assessments
ensure we meet
individual needs

Sexual & Reproductive Health

- Free Condoms
- Birth control
- STI testing + treatment
- Pregnancy tests
- Emergency contraception like Plan B -
- Healthy relationships
- Sexuality and gender questions -
- Puberty counseling: discuss periods and other body changes



These services are all confidential (12+), which means we do not need permission from your guardian and everything we discuss stays private

EDEN HEALTH GRANT & ASVS

Fuente Wellness Center

- 3/6/2026
 - 47 Students from Edendale Middle School
 - 35 Students, 8th Graders
 - 12 Students, Newcomer
- *Significant need for dental care, integrated behavioral health (IBH) services, and case management support

San Lorenzo High Health Center

- 2/12/2026
 - First half of ninth graders screened
 - 44 9th Grade students
- *Highest needs were immunizations and sexual and reproductive health (SRH)
- ((((Second half of ninth graders scheduled for April as well as Senior Send-offs after Spring Break)))

HOW DO I GET MY PRESCRIPTION?!

■ For many students, the School Based Health Center is where the journey of navigating their own health begins.

■ Flyers like these remind you:

you are not alone.

We are here to support the launch!

1. **Go to the pharmacy** you confirmed during your appointment (usually at the back of the store)
2. **Wait in line** to be helped
3. Say something like: **“Hello, I’m here to pick up my prescription”**
 - a. **They might ask you for your insurance card.** If you don’t have it, **your insurance # should be ok** (you can get this from your insurance card, ask for it at the clinic, use FPACT card, etc.)
 - b. **They might ask you for an ID,** but this should only be required if you are picking up controlled medications like opiates/ADHD meds (**any form of ID with your DOB should be ok**)
4. **They will bring you your prescription** at the counter

Any prescription regarding sexual /reproductive health should be free!



PATIENT SURVEY



It is very friendly & makes me feel safe

Can help people when they need to

The health center is a very good place to go if you feel bad or need someone to talk to

Maybe have more opportunities to work here

That they are very good, they put a lot of love into what they do, for me they were a help

They make sure all students are aware of their free programs and resources and confidentiality.

THANK YOU MIL GRACIAS

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