CITY OF SAN LEANDRO SENIOR COMMISSION THURSDAY, SEPTEMBER 17th – 10:00 a.m. REGULAR MEETING AGENDA SENIOR COMMUNITY CENTER 13909 EAST 14TH STREET

AGENDA - - - - NOTES

- 1. <u>ROLL CALL:</u> Commissioners Almonte, Anderson, Basuino, Comelo, Daevu, Frates, Plankenhorn, Tamura and Woycheshin
- 2. APPROVAL OF AGENDA OF SEPTEMBER 17, 2015
- 3. APPROVAL OF MINUTES OF JULY 16, 2015
- 4. **GUEST PRESENTATION**
- 5. **PUBLIC COMMENTS**
- 6. **CORRESPONDENCE**
 - A. Updated City Boards, Commissions, and City Officials Rosters

7. REPORT OF SECRETARY

- A. PAPCO (Paratransit Advisory and Planning Committee) open seat. Meetings are 4th Monday in Oakland near 12th street BART station.
- B. Thanksgiving Lunch
- C. Art Display Update- San Leandro Art Association ended on 8/31 and the Artist Guide of the East Bay is installed
- D. Alameda County Area Agency on Aging
 Survey http://www.surveymonkey.com/s/ACOlderAdultSurvey2015 (Hard copies available at the San Leandro Senior Center)

Classes

- Alexander Technique, Art of Walking Fridays Oct 2- Oct 16
- Barb Creamer Dance Fitness for Woman
- Memory Power- Thursday, October 8th
- It Takes Two! Oct 29 Nov 19, Family Caregiver Alliance
- Spectrum Fall Prevention Classes

Travel Troupe

- High Hill Ranch, Placerville, CA: Wednesday, October 14th
- Duarte's Poinsettias and Fruit Yard Lunch: Monday, November 16th

The public is invited to speak on any item on the agenda. If special accommodations are required for the disabled, please call 577-6079.

Community Education Programs

- Personal Safety for Seniors: Thursday, September 24th
- Fall Prevention Fair: Tuesday, September 29th, RSVP directly to Eden Medical Center at 510-727-3176
- Think Pink! Breast Cancer Awareness: Friday, October 23 9:30am 11:00am

8. **COMMITTEE REPORTS**

A. County of Alameda Advisory Commission on Aging (Meets: 2nd Monday of the Month, Eastmont Mall, 3rd FIr, Dept. of Aging Serv.)

9. **UNFINISHED BUSINESS**

- A. Hospice Information Meeting- October 15th, 1-2:30pm
- B. Adult Day Care Update

10. **NEW BUSINESS**

A. Commission Chair/Vice Chair Appoinments

11. REPORT OF CHAIR

12. COMMISSIONER COMMENTS

13. **ADJOURNMENT**