

**CITY OF SAN LEANDRO  
SENIOR COMMISSION  
THURSDAY, MARCH 17, 2016 – 10:00 a.m.  
REGULAR MEETING MINUTES  
SENIOR COMMUNITY CENTER  
13909 EAST 14<sup>TH</sup> STREET**

Meeting convened at 10:07 a.m.

**PRESENT**

Commissioners Basuino, Comelo, Plankenhorn, Tamura, Woycheshin, and Secretary Atienza

**ABSENT**

Commissioners Almonte, Anderson, Daevu, and Frates

**APPROVAL OF AGENDA OF MARCH 17, 2016 MEETING**

MSC (Plankenhorn/Tamura) to approve the agenda as submitted. (5 Ayes, 0 Nays, 4 Absent)

**APPROVAL OF MINUTES OF FEBRUARY 18, 2016 MEETING**

MSC (Comelo/Basuino) to approve the minutes as submitted. (5 Ayes, 0 Nays, 4 Absent)

**GUEST PRESENTATIONS**

None.

**PUBLIC COMMENTS**

Katie Knox shared with the Commission that through the support of Rose Gate Living, a campaign has been launched to make San Leandro a Purple Cities Alliance Dementia-Friendly City. The campaign includes a goal to increase dementia awareness and education throughout the community. Katie explained that she had met with City of San Leandro Council Members to discuss the campaign in detail.

**CORRESPONDENCE**

Commissioners received an updated City Council, Board and Commission Members, and City Officials Roster.

**ORAL REPORT OF SECRETARY**

Secretary Atienza reported the following:

- The Senior Resource Fair will take place on May 20, 2016, and Commissioners are welcome to sign-up to volunteer at the event.

- Positive Feedback was received from the Mobility & Transit Workshop and Fair, with 85 people in attendance.
- Bishop O'Dowd student volunteers completed their volunteer service at the Senior Community Center and are looking to volunteer at Carlton Plaza.
- The Recreation and Human Services Department will be utilizing a consultant to conduct a Human Services Gap Analysis. Seniors will be one of seven focus groups being implemented within the analysis.
- Review of Measure A funding goals and the budget summary, including allocation of costs.
- Review of senior class participation at the Senior Community Center and Marina Community Center. Data was presented from Fall/Winter 2011 to Fall/Winter 2015. Approximately 90% of senior classes offered through the Recreation and Human Services Department are currently offered at the Senior Community Center.
- Review of senior program participant city residency. A comparison of where senior program participants reside was reviewed. Data was presented from June 2011-March 2016. Residents from San Leandro zip code 94577 was reported as holding the highest participation rate.
- Upcoming travel trip includes Direct from Las Vegas! A Salute to Sinatra on April 23, 2016.
- Update on Community Education Programs (CEP), "Congestive Heart Failure" on April 14, and "Coffee with the Cops" on May 11.

### **UNFINISHED BUSINESS**

Oral Report regarding Adult Day Care by Commissioner Comelo

- Commissioner Comelo reported that she has not heard of any progress regarding Adult Day Care.

Discussion regarding Commission-Sponsored Programs and Events for 2016 Calendar Year

- The Commission agreed to discuss this item at the next meeting to involve more Commission members. MSC (Comelo/Tamura) to table the item until the April meeting. (5 Ayes, 0 Nays, 4 Absent)

### **NEW BUSINESS**

Oral Report Regarding Proclamation for Caregivers in San Leandro by Commissioner Almonte.

- The Commission agreed to table this item until the next meeting due to Commissioner Almonte's absence. MSC (Plankenhorn/Comelo) to table the item until the April meeting. (5 Ayes, 0 Nays, 4 Absent)

## **REPORT OF CHAIR**

Chair Woycheshin reported the following:

- Commissioner Comelo will be the point person to assist in organizing Commissioner attendance at the Spectrum Lunch Program.
- The San Leandro Chamber of Commerce is hosting an event, “Coffee Connection”, at Carlton Plaza on Friday, May 6. Sean Parkin, Principal of CityHealth Urgent Care, will be the featured speaker to speak on “Evolving Trends in Urgent Care”. Commission members are invited to attend.
- Distributed an article surrounding a comparison between senior boarding care homes and residential care homes.
- Memory Day-By-Day Dementia Care Services will be opening a Memory Café once a week, on Thursdays, at St. Peter’s Church. The program will begin on April 14, and will allow individuals with early onset dementia and their caregivers to socialize.
- Attended the signing of the Homeless Compact at City Hall. Mayor Cutter, The Rental Housing Association, and Building Futures signed the Homeless Compact that will provide 25 housing units for the chronically homeless.

## **COMMISSIONER COMMENTS**

- Commissioner Basuino requested for Secretary Atienza to inquire about Senior Commission members assisting in promoting Recreation and Human Services programs at the San Leandro Farmer’s Market.
- Commissioner Plankenhorn reminded the Commission of the upcoming State of the City taking place at the Senior Community Center on March 28.

## **ADJOURNMENT**

MSC (Basuino/Tamura) to adjourn the meeting at 11:34 a.m. (5 Ayes, 0 Nays, 4 Absent)

Respectfully Submitted,

Secretary Diane Atienza