

## **Empowered Aging**





## **Empowered Aging**

Formerly known as...Ombudsman Services of Contra Costa, Solano & Alameda County.

#### **Empowered Aging Programs:**

- Elder and Adult with Disabilities Justice Program
- Elder Justice Lunch and Learn Series
- Friendly Visiting and Telephone Reassurance
- Healthcare Career Pathway
- Long-Term Care Ombudsman
- Masters in Social Work Internship
- Resident Empowerment Program



### Long-Term Care Ombudsman Program

#### Our Purpose...

- We believe every resident deserves dignity & respect
- Expressed wish Advocates
- Ensures that residents are free from Abuse & Neglect
- Educate, Empower & Partner



## Alameda County

- Over 15,000 residents living in long-term care facilities
  - (Skilled Nursing Facilities & Residential Care Facilities for the Elderly)
  - Four trained & certified staff...Volunteers
  - Resolve complaints related to quality of life and care...abuse & neglect
  - Make regular unannounced visits for nearly 350 long-term care facilities
  - Provide consultation and education
  - Care Conference/Advance Healthcare Directives
  - Only program mandated by law to make regular unannounced visits



## Alameda County cont.

- Improve facility conditions by providing training to facility staff
- Promote community awareness about aging and longterm care issues through educational workshops
- Serve as a voice for policy change at local, state and national levels
- Field informational calls for families in distress



### San Leandro

16 Residential Care Facilities for the Elderly = 526 residents 8 Skilled Nursing Facilities= 591

Regional Supervisor and Volunteers (Field Ombudsman) cover the area...



## Our support...

- First week of "shelter in place" contacted all facilities in Alameda County to assess their needs.
- Addressed each facility's plan for Infection Control
- Addressed each facility's communication plan: facility to resident, facility to families & resident to family
- Addressed isolation plan
- Hospice Care
- Advocated to be allowed into facilities during shelter in place.



# How the community can Help...



#### We Need Volunteers!!!

https://empoweredaging.org/get-involved/volunteeropportunities/

**EMPOWERED** 

#### Join Our Elder Justice Lunch & Learn...



https://empoweredaging.org/elder-justice/elderjustice-lunch-and-learn-2/



### Questions???

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## Thank you!!!!

