

**CITY OF SAN LEANDRO
SENIOR COMMISSION
THURSDAY, SEPTEMBER 17, 2015 – 10:00 a.m.
REGULAR MEETING MINUTES
SENIOR COMMUNITY CENTER
13909 EAST 14TH STREET**

AGENDA ----- NOTES

Present: Commissioners Almonte, Anderson, Basuino, Comelo, Frates, Plankenhorn, Tamura and Woycheshin

Absent: Commissioner Daevu

APPROVAL OF AGENDA OF SEPTEMBER 17, 2015

MSC (Basuino/Tamura) to approve the agenda. (7 Ayes, 0 Nays, 1 Absent)

APPROVAL OF MINUTES OF JULY 16, 2015

MSC (Anderson/Frates) to approve the Minutes. (6 Ayes, 0 Nays, 1 Abstain, 1 Absent)

GUEST PRESENTATION

None

PUBLIC COMMENTS

Ivan Myer and Eafe Yieh from Estabrook Place asked for the commissions support in helping convince their housing manager to not use barbeques in the court yard. The smoke from the barbeques is bad for the residence's asthma. Commissioner Almonte and Tamura suggest going to the Resident Services Coordinator, the board that over sees the housing unit and talking with other residents.

CORRESPONDENCE

Secretary Cutter distributed an updated copy of City Boards, Commissions, and City Officials Rosters. Commissioner Comelo shared a thank you letter from Wilma Chan for participating in presenting the donation check to Meals on Wheels.

REPORT OF SECRETARY

Secretary Cutter shared the following:

- Mayor Cutter's request to help fill the PAPCO (Paratransit Advisory and Planning Committee) open seat for San Leandro. Meetings are 4th Monday in Oakland near 12th street BART station. Commissioner Tamura is interested.
- Senior Services invites the Senior Commission to be in charge of coordinating two grand prizes for Thanksgiving Lunch. The commission accepted the invitation and will pull together cash to purchase two items.
- The San Leandro Art Association's exhibit ended on 8/31 and the Artist Guide of the East Bay was installed the same day.

- Please encourage seniors to complete the Alameda County Area Agency on Aging Survey <http://www.surveymonkey.com/s/ACOlderAdultSurvey2015>. There are Hard copies available at the San Leandro Senior Center).
- The San Leandro Recreation Department is sponsoring a Diabetes and Wellness Day on Saturday, October 24th at the Senior Community Center.
- Sausage and Suds Music Festival will be on October 4th in Downtown San Leandro.

Secretary Cutter shared the following program events:

Classes:

- Alexander Technique, Art of Walking Fridays Oct 2- Oct 16
- Barb Creamer Dance Fitness for Woman
- Memory Power- Thursday, October 8th
- It Takes Two! Oct 29 – Nov 19, Family Caregiver Alliance
- Spectrum Fall Prevention Classes

Travel Troupe

- High Hill Ranch, Placerville, CA: Wednesday, October 14th
- Duarte's Poinsettias and Fruit Yard Lunch: Monday, November 16th

Community Education Programs

- Personal Safety for Seniors: Thursday, September 24th
- Fall Prevention Fair: Tuesday, September 29th, RSVP directly to Eden Medical Center at 510-727-3176
- Think Pink! Breast Cancer Awareness: Friday, October 23 9:30am – 11:00am

COMMITTEE REPORTS

County of Alameda Advisory Commission on Aging

(Meets: 2nd Monday of the Month, Eastmont Mall, 3rd Flr, Dept. of Aging Serv.)

No Report

Commission feels we should have a representative there to hear updates.

Commissioners Basuino and Anderson are interested in attending.

UNFINISHED BUSINESS

- Secretary Cutter gave an update for the Hospice and Palliative Care Forum on October 15th from 1-2:30pm. The confirmed panelists include Dr. Steven Rosenthal Associate Chief Medical Officer, San Leandro Hospital, Rev. Betty Clark, Chaplain for Alameda County Medical Center's palliative care team and Luz Garcia, R.N., Administrator/Director of Patient Care Services for Grace Hospice & Palliative Care. Dr. Rosenthal will give an overview of what Hospice and Palliative Care is, then each panelist will describe their services, and answer questions from the audience.
- Commissioner Comelo updated the commission on the efforts of finding a location for an Adult Day Care.

NEW BUSINESS

Commission Chair/Vice Chair Appointments

MSC (Basuino/Anderson) to keep Commissioner Woycheshin as Chair and Comelo as Vice Chair. (8 Ayes, 0 Nays, 1 Absent)

REPORT OF CHAIR

Commission Chair Woycheshin shared her experience of being caught by the Cobb fire and encouraged everyone to make sure they are aware of their surroundings and be prepared by making plans and having paperwork accessible.

COMMISSIONER COMMENTS

- Commissioner Almonte encouraged everyone to promote the Area Agency on Aging survey and will share the link, since their research will help benefit San Leandro Seniors.
- Commissioner Anderson informed the commission Bay- O- Visa is doing a food drive.
- Commissioner Basuino expressed thanks to Commissioners Woycheshin and Comelo for being the Chair and Vice Chair.
- Commissioner Comelo expressed thanks for keeping her as the Vice Chair and encourages everyone to be prepared for the future by looking into long term care insurance. She suggests this should be a Community Education Program topic.
- Commissioner Frates shared information from the Asian Business Association Meeting.
- Commissioner Plankenhorn- no report
- Commissioner Tamura presented information from the BART ADA Celebration.

ADJOURNMENT

MSC (Anderson/Plankenhorn) to adjourn the meeting at 12:02pm. (8 Ayes, 0 Nays, 1 Absent)