#### CITY OF SAN LEANDRO SENIOR COMMISSION THURSDAY, OCTOBER 15, 2015 – 10:00 a.m. REGULAR MEETING MINUTES SENIOR COMMUNITY CENTER 13909 EAST 14<sup>TH</sup> STREET

Meeting convened at 10:00am.

#### PRESENT

Commissioners, Anderson, Comelo, Daevu, Frates, Plankenhorn and Woycheshin

#### ABSENT

Commissioners Almonte, Basuino, Tamura

### APPROVAL OF AGENDA OF OCTOBER 15, 2015, MEETING

MSC (Anderson/Comelo) to approve the agenda as submitted. (5 Ayes, 0 Nays, 3 Absent)

#### **APPROVAL OF MINUTES OF SEPTEMBER 17, 2015**

MSC (Anderson/Frates) to approve the minutes as submitted. (5 Ayes, 0 Nays, 3 Absent)

#### **GUEST PRESENTATION**

None

#### **PUBLIC COMMENTS**

Mary Jo Knueven shared she is interested in Senior Care in San Leandro and the future of the Senior Village Movement. Commissioner Comelo shared she represents San Leandro in the conversations regarding the Eden Area Senior Village. Ms. Knueven would like to see more publicity about it.

#### CORRESPONDENCE

None

#### **REPORT OF SECRETARY**

- Thanksgiving grand raffle prize update Secretary Cutter gave an update on the status of the grand raffle prize and encouraged all Commissioners to register for Thanksgiving Lunch is they are going to attend.
- Secretary Cutter announced the date for the Holiday Tea on December 17, 2015.
- Secretary Cutter announce two upcoming services that will be at the Senior Center; Flu Shot Clinic: Friday, October 23 and extra HICAP (Health Insurance Counseling and Advocacy Program) appointments during Medicare Open Enrollment.

The public is invited to speak on any item on the agenda. If special accommodations are required for the disabled, please call 577-6079.

- Secretary Cutter introduced the new Recreation and Human Services Director, Jeanette Dong and asked her to share a few words about herself. Jeanette shared some of her background and highlighted her experiences in the Human Services field and direction she would like to take the department.
- Jeanette Dong informed the commission that Diane Atienza will be the new Recreation Supervisor assigned to Senior Services. She is scheduled to begin on October 19, 2015.

### Classes

- Secretary Cutter announced that two classes had been cancelled due to low enrollment; Hypertension Management and Memory Power. Commissioner Plankenhorn suggested putting in a register deadline for classes. Commissioner Daevu shared her concern for canceling Hypertension Management, since so many people have hypertension. Chair Woycheshin shared she has noticed many of her neighbors have been using the online platform Nextdoor to advertise.
- Secretary Cutter highlighted two important classes coming up; Diabetes Self-Management and It takes Two.

# Travel Troupe

• Secretary Cutter announced the recent and upcoming Travel Troupe Day Trips. Highlighting the high attendance for our trips.

### **Community Education Programs**

 Secretary Cutter announced two upcoming Community Education Programs; Think Pink! Breast Cancer Awareness: Friday, October 23 9:30am – 11:00am and Medicare Open Enrollment: Friday, October 30 2:00pm-4:00 pm.

# **COMMITTEE REPORTS**

County of Alameda Advisory Commission on Aging

(Meets: 2<sup>nd</sup> Monday of the Month, Eastmont Mall, 3<sup>rd</sup> Flr, Dept. of Aging Serv.) No report

# **UNFINISHED BUSINESS**

- Hospice Information Meeting Secretary Cutter briefed the commission on the Hospice Information Meeting and confirmed what roles each commissioner would play.
- Adult Day Care –Update Commissioner Comelo shared, realtor Ed Hernandez, will be showing 1616 Washington Ave (Waltz Gym) to a representative of Bay Area Community Services, a potential service provider.

# **NEW BUSINESS**

• Fall Prevention Registration

Commissioner Comelo is concern the first 40 people who registered are registering for a class on each day, not allowing room for other people who

The public is invited to speak on any item on the agenda. If special accommodations are required for the disabled, please call 577-6079.

want to take class once a week. This is important because there aren't a lot of classes that have this type of sit down exercising.

# **REPORT OF CHAIR**

- Chair Woycheshin shared a concern from the Floresta Neighborhood Association regarding curb cut outs. Jeanette Dong informed the commission she will follow up directly with Chair Woycheshin.
- Chair Woycheshin gave an update on the Cobb fire she was caught in last month and welcomed Jeanette Dong.
- Chair Woycheshin recognized Kati Knox of Rose Gate Memory Care to make an announcement regarding Purple City Alliance. Secretary Cutter offered Knox time on the agenda for November 19<sup>th</sup>.

# **COMMISSIONER COMMENTS**

- Commissioner Anderson asked for clarification on the Thanksgiving Grand Raffle prize. Secretary Cutter confirmed there will be two Safeway gift cards provided by the Senior Commission to give away one at each site and to note there will be a few Safeway gift cards of smaller denominations that will be given away that were donated by other donors.
- Commissioner Frates wished Secretary Cutter best of luck and welcomed Jeanette Dong and apologized for not being available for the Thanksgiving Luncheon.
- Commissioner Plankenhorn apologized for not being at the Hospice forum later that afternoon, but she likes the idea of the commission participating and hosting these types of informational forums. Plankenhorn also will not be at the Thanksgiving Luncheon.
- Commissioner Daevu welcomed Jeanette Dong and is excited to work with her. Daevu thanked the commission for working on the forum while she was out of town and for participating that afternoon. Daevu agrees with Commissioner Plankenhorn and thinks the Senior Commission should do a Long Term Care Forum next year.
- Commissioner Comelo thanked Jeanette Dong for accepting the position and is excited for her involvement on upcoming projects. Comelo also thanked Daevu for putting together the forum and other commissioners for their participation.

#### **ADJOURNMENT**

MSC(Comelo/ Anderson) to Adjourn the meeting at 11:15 a.m. (5 Ayes, 0 Nays, 3 Absent)

Respectfully submitted, Secretary Jessica Cutter

The public is invited to speak on any item on the agenda. If special accommodations are required for the disabled, please call 577-6079.