

**CITY OF SAN LEANDRO  
SENIOR COMMISSION  
THURSDAY, FEBRUARY 18, 2016 – 10:00 a.m.  
REGULAR MEETING MINUTES  
SENIOR COMMUNITY CENTER  
13909 EAST 14<sup>TH</sup> STREET**

Meeting convened at 10:10 a.m.

**PRESENT**

Commissioners Almonte, Anderson, Basuino, Comelo, Daevu, Frates, Plankenhorn, Woycheshin, and Secretary Atienza

**ABSENT**

Commissioner Tamura

**APPROVAL OF AGENDA OF FEBRUARY 18, 2016 MEETING**

MSC (Comelo/Anderson) to approve the agenda with the following item added to Unfinished Business (8 Ayes, 0 Nays, 1 Absent):

- C. Oral Report on How to Apply for the Alameda County Advisory Commission on Aging by Secretary Atienza

**APPROVAL OF MINUTES OF JANUARY 21, 2016 MEETING**

MSC (Frates/Plankenhorn) to approve the minutes as submitted. (8 Ayes, 0 Nays, 1 Absent)

**GUEST PRESENTATIONS**

None.

**PUBLIC COMMENTS**

None.

**CORRESPONDENCE**

Commissioners received a Senior Services event flyer for the Mobility & Transit Workshop and Fair.

**REPORT OF SECRETARY**

Secretary Atienza reported the following:

- Informed the Commission that the current senior class enrollment for the Spring 2016 session is at 1,372.
- Reminded the Commission that Fall Prevention registration will take place at the end of March.

- Provided an update on the City's Measure A Progress Report, including high percentages that seniors are overall benefitting from senior health and fitness classes offered.
- MSC (Frates/Anderson) to add an Oral Report on Measure A's facts and history, by Secretary Atienza, to the March Agenda (8 Ayes, 0 Nays, 1 Absent).
- Reminded the Commission of upcoming travel trips, including the Conservatory of Flowers and the Jelly Belly Factory.
- Reviewed the Community Education Program (CEP), "Shoulder Smarts", and reminded the Commission of upcoming CEP's, "Stress Management" and "Affordable Housing".
- Reviewed the Valentine's Day Social event that took place at the Senior Community Center on February 12, 2016, and reminded the Commission of upcoming events, including the Mobility & Transit Workshop and Fair, and the Annual Senior Resource Fair.
- Informed the Commission that based on Paratransit focus group feedback, the City is currently looking to purchase bigger and bolder signs for the FLEX Paratransit Shuttles.
- Informed the Commission that a Chinese-language focus group meeting is to take place on February 25, 2016.

### **UNFINISHED BUSINESS**

#### **Adult Day Care Update by Commissioner Comelo**

- Commissioner Comelo informed the Commission that the Center for Elders' Independence had recently found a location of interest for Adult Day Care, however, it was later found that the location was no longer available.
- The Commission brainstormed alternative locations for Adult Day Care, including the now closed Dick's Restaurant on Alvarado Street, as well as a now closed Citibank location on Farnsworth Street and Manor Boulevard. Commissioner Comelo stated that she would share these locations with her contact at the Center for Elders' Independence.

#### **Oral Report on Assistive Listening Devices at Senior Community Center by Secretary Atienza**

- Secretary Atienza reported that City staff has taken action to notify the public of the assistive listening devices available at the Senior Community Center.
- Secretary Atienza asked for instructors to notify their students, posted a sign at the front desk of the Senior Community Center, and ordered signs to post in the Main Hall. Senior Services staff will also begin to

place an assistive listening device availability phrase on the Senior Services newsletter and on promotional flyers.

#### Oral Report on How to Apply for the Alameda County Advisory Commission on Aging by Secretary Atienza

- Secretary Atienza provided information to the Commission on how to apply to the Alameda County Advisory Commission on Aging, and provided applications to those who were interested.
- Secretary Atienza provided information regarding the Planning Committee meetings being held for the 2017-2020 Alameda Countywide Plan for Older Adults, including that meetings are open for public attendance and comments, and are held every third Wednesday of the month at the Adult, Aging, and Medi-Cal Services Office in Oakland, California.

#### **NEW BUSINESS**

##### Discussion on Senior Class Offerings at the Marina Community Center

- Secretary Atienza provided an overview of current senior classes taking place at the Marina Community Center, including Ceramics, Tai Chi, and Zumba.
- The Commission discussed the idea of adding more senior classes at the Marina Community Center.
- Secretary Atienza informed the Commission that adding classes would require a knowledge of which classes seniors would attend.
- Secretary Atienza explained the process for an individual or business to become a contracted instructor.
- Commissioner Almonte requested a comparison report of the amount of senior classes held at the Marina Community Center versus the Senior Community Center.
- The Commission discussed having Secretary Atienza provide an additional report on which zip codes seniors who attend classes live in.
- Secretary Atienza reported that she could provide additional information surrounding class comparisons and zip codes at the March Senior Commission meeting.

##### Discussion on Commission-Sponsored Programs and Events for 2016

- Ideas surrounding Commission-Sponsored programs and events for 2016 were discussed, including an event surrounding gadgets and technology, Disaster Preparedness, Identity Theft, Financial Planning, and Caregiver's Survival.

- The Commission discussed providing an event with non-profits as the City cannot endorse for-profit businesses.
- Commissioner Basuino discussed promoting senior programs and events at the San Leandro Farmer's Market.

### **REPORT OF CHAIR**

Chair Woycheshin reported the following:

- Provided a newspaper article to the Commission surrounding music and seniors. The article suggested that seniors listening to music helps with memory.
- Reminded the Commission about volunteering at the Senior Resource Fair being held on May 20, 2016, and that Secretary Atienza would bring the Commissioner volunteer sign-up sheet to the March meeting.

### **COMMISSIONER COMMENTS**

- Commissioner Daevu reported that she received a promotion with the City of San Francisco Department of Public Health as the Project Manager for the African American Health Initiative. Commissioner Daevu requested to join the next two Commission meetings over speaker phone.
- Commissioner Almonte requested that the Commission recommend to City Council to provide a proclamation for Caregivers Month. Commissioner Almonte stated that he would bring additional information surrounding his idea to the next meeting.

### **ADJOURNMENT**

MSC (Comelo/Daevu) to adjourn the meeting at 11:58 a.m. (8 Ayes, 0 Nays, 1 Absent)

Respectfully Submitted,

Secretary Diane Atienza