CITY OF SAN LEANDRO SENIOR COMMISSION THURSDAY, APRIL 21, 2016 – 10:00 a.m. REGULAR MEETING MINUTES SENIOR COMMUNITY CENTER 13909 EAST 14TH STREET

Meeting convened at 10:24 a.m.

PRESENT

Commissioners Anderson, Basuino, Frates, Plankenhorn, Tamura, Woycheshin, Secretary Atienza, and Recreation and Human Services Director Jeanette Dong. Commissioner Daevu participated in the meeting via telephone conference call. Commissioner Daevu teleconferenced from The Department of Public Health, Behavioral Health Services, located at 1380 Howard Street, 5th Floor, San Francisco, California, 94103.

ABSENT

Commissioners Almonte and Comelo

APPROVAL OF AGENDA OF APRIL 21, 2016 MEETING

MSC (Basuino/Anderson) to approve the agenda with the following amendment to Unfinished Business (7 Ayes, 0 Nays, 2 Absent):

• Combine 9B (Discussion Regarding the San Leandro Municipal Code Senior Commission Powers and Duties) with 8B (Discussion regarding Commission Sponsored Programs and Events for 2016 Calendar Year).

APPROVAL OF MINUTES OF MARCH 17, 2016 MEETING

MSC (Frates/Tamura) to approve the minutes as submitted. (7 Ayes, 0 Nays, 2 Absent)

GUEST PRESENTATIONS

Jeanette Dong, Recreation and Human Services Director, presented information on the Human Services Gap Analysis. On February 11, 2016, the City issued a Request for Proposals (RFP) for a Human Services Gap Analysis, which is available on the City's website. Four proposals were received, and the selection panel chose Urban Strategies Council, an organization founded by Angela Glover Blackwell in 1987. The selected consultant will go to the Human Services Commission for review and is scheduled for City Council in June. The cost of the analysis is approximately \$75,000. The consultant will evaluate all Human Services within the city, such as seniors, services for youth, the homeless population, and victims of domestic violence. The approved consultant will host seven focus groups,

which will include two focus groups in languages other than English, and one specifically for the senior community. The results will allow the city to build a framework and make policy recommendations around Human Services, and may impact programming and classes provided within the Senior Community Center. Jeanette will provide periodic updates regarding the analysis to the Human Services Commission and Senior Commission as information becomes available. Jeanette also spoke on hunger amongst San Leandro youth and seniors, and is currently hoping to provide a summer speaker series program for families where food will also be provided.

PUBLIC COMMENTS

Mary Jo Knueven suggested creating a buddy system within the Senior Community Center to encourage people who are shy or hesitant to leave their homes to visit the Senior Community Center. Mary Jo also wanted to remind the Commission that at a recent Senior Commission meeting she spoke during Public Comment about Al-Anon.

Katie Knox shared with the Commission that the she will be meeting with Davis Street to talk about the Purple Cities Alliance Dementia-Friendly City Project. She would like to encourage the Senior Commission to place the Dementia-Friendly City Project on a future agenda to discuss how Commission members could become involved. Katie discussed the success of the first Memory Café opening, and invited Commissioners to attend future meetings.

Barbara Jue stated that she misses the television in the Senior Community Center Activity Room, and that it is important that seniors stay informed on the latest news that is happening, especially for people who do not have a television at home. She encourages the Senior Commission to support bringing the television back to the Senior Community Center.

CORRESPONDENCE

Commissioners received a Recreation and Human Services Department 2016 Summer Activity Guide.

ORAL REPORT OF SECRETARY

Secretary Atienza reported the following:

- Summer Registration for senior programs begins on April 21, 2016 for Residents and April 28, 2016 for Non-Residents.
- The Recreation and Human Services Department has launched a new registration system called Active Net. Registrants of programs must

- build their new accounts in the new system either online or in-person when registering for their next class or program.
- Commissioners interested in assisting in an upcoming Farmer's Market information table can assist on Wednesday, June 29 as the focus that day will include senior programs.
- The Senior Resource Fair will take place on Friday, May 20.
 Commissioners are encouraged to sign-up for a shift at the Senior Services table.
- An email regarding participation in the Cherry Festival Parade will be sent out soon. The event is taking place at Saturday, June 4, and the parade will begin at 10:00am.
- The Travel Troupe meeting held on April 13 was attended by 130 people. Three out of the four trips announced are currently close to capacity.
- Upcoming travel trips include: A Salute to Sinatra and Princess Monterey Whale Watching.
- Upcoming Community Education Programs include: Coffee with Cops and Scam Awareness Trivia.

UNFINISHED BUSINESS

Oral Report Regarding Proclamation for Caregivers in San Leandro by Commissioner Almonte.

- The Commission motioned to table this item until the next meeting due to Commissioner Almonte's absence. MSC (Basuino/Plankenhorn) (7 Ayes, 0 Nays, 2 Absent)
- Jeanette Dong announced that the Center for Elder's Independence is in contractual discussion to provide Adult Day Care within San Leandro. The organization is currently waiting to see if they can obtain a lease for operations.

Discussion regarding Commission-Sponsored Programs and Events for 2016 Calendar Year and Discussion regarding the San Leandro Municipal Code Senior Commission Powers and Duties.

 Commissioner Plankenhorn highlighted some of the Powers and Duties listed for the Senior Commission, and questioned when and how the Commission should be implementing their designated duties. Jeanette Dong informed the Commission that the City Council is aware of current Senior Commission projects. The Commission is welcome to write a letter or contact the Council. The Commission can also speak with the Council Member who has appointed them to the Commission to speak on current issues. Jeanette Dong informed the Commission that the

- Human Services Gap Analysis will focus on facts and will be an opportunity for the Commission to provide feedback and reccomendations.
- Commissioner Daevu suggested the following Commission-sponsored Community Education Programs for seniors: Hospice, Dementia (through a collaboration with the Purple Cities Alliance Project), and Seniors and Cell Phones or Seniors and Texting. The Commission would like to implement the selected program in October 2016.

NEW BUSINESS

Review of the Senior Community Center Art Display Application submitted by the San Leandro Art Association. Staff Requests action on this item.

 The Commission reviewed the Art Display Application and voted to approve. MSC (Basuino/Tamura) to approve the Art Display Application Submitted by the San Leandro Art Association. (6 Ayes, 0 Nays, 3 Absent, Commissioner Frates departed the meeting early)

REPORT OF CHAIR

Chair Woycheshin reported the following:

- The ribbon cutting for Memory Café will take place on May 12, 2016 at 6:15pm at St. Peter's Lutheran Church in San Leandro.
- Thrifty Medical Supply is holding a ribbon cutting on May 10, 2016 from 5:30pm-7:00pm.
- Attended The State of the City event, and it was very informative.
- Asked for the Commission to submit questions to her for her lunch with the Mayor and City Manager.
- The Chamber of Commerce's Coffee Connection event will take place on May 6, 2016 at Carlton Plaza.
- Met Aaron Wong, the new Program Director for Spectrum Community Services Fall Prevention Program. She informed Aaron that San Leandro senior programs need more Fall Prevention classes, and to be offered at the Marina Community Center.
- Informed the Commission that IRS Scamming is on a rise, and that people are asked to call to report incidences with the Attorney General at 1-800-366-4484 or phishing.irs.gov

COMMISSIONER COMMENTS

• Commissioner Basuino announced that Mission Bay will be hosting a fundraising Pancake Breakfast event for Davis Street on Saturday, May 7 from 8:00am-10:30am.

• Commission Plankenhorn mentioned that she thinks it would be a good time for the Commission to review any updates or current changes that have happened recently.

ADJOURNMENT

MSC (Anderson/Basuino) to adjourn the meeting at 12:05 p.m. (6 Ayes, 0 Nays, 3 Absent)

Respectfully Submitted,

Secretary Diane Atienza