

**CITY OF SAN LEANDRO  
SENIOR COMMISSION  
THURSDAY, SEPTEMBER 15, 2016 – 10:00 a.m.  
REGULAR MEETING MINUTES  
SENIOR COMMUNITY CENTER  
13909 EAST 14<sup>TH</sup> STREET**

Meeting convened at 10:07 a.m.

**PRESENT**

Chair Woycheshin, Commissioners Anderson, Comelo, Daevu, Frates, McHenry, Plankenhorn, Tamura, and Secretary Atienza

**ABSENT**

Commissioner Basuino

**APPROVAL OF AGENDA OF SEPTEMBER 15, 2016 MEETING**

MSC (Anderson/Frates) to approve the agenda with the following modification (7 Ayes, 0 Nays, 2 Absent [McHenry not yet present]):

- Move item 9.A, Discussion Regarding San Leandro Senior Housing and Evictions, to follow Public Comments

**APPROVAL OF MINUTES OF JULY 21, 2016 MEETING**

MSC (Anderson/Tamura) to approve the minutes as submitted. (7 Ayes, 0 Nays, 2 Absent [McHenry not yet present])

**GUEST PRESENTATION**

Tracy Murray, Director of the Alameda County Area Agency on Aging (AAA), presented on the Alameda County Plan for Older Adults, which was developed based on survey results, with 3,725 responses received and 28 public meetings held. The purpose of the plan is to set goals and action steps to address Alameda County concerns for older adults. Key findings for the county include:

- The number of older adults is increasing, economic insecurity is widespread, preventive health is key, housing is a great concern, nutrition insecurity is growing, disability is an increasing factor, and elder abuse is a growing and silent issue.
- Specifically, for San Leandro older adults, key concerns include: Having enough income to meet basic needs, having enough income to save and plan for the future, being able to stay in their current home, having the ability to maintain their home, falling, affordable housing, being included in decisions, and preparation of healthy food.

- The Alameda County Plan for Older Adults Planning Committee developed 6 goals based on feedback and data results. The plan and 6 goals can be accessed on the AAA's website: [www.alamedasocialservices.org](http://www.alamedasocialservices.org).

## **PUBLIC COMMENTS**

None

## **NEW BUSINESS**

A. Discussion of San Leandro Senior Housing and Evictions  
Steve Hernandez, Housing Specialist from the City's Community Development Department, presented on senior housing.

- Many seniors can't afford to buy and rely on rentals.
- Waitlists are long because of the tight housing supply.
- There are very few dedicated senior housing units, with only rare vacancies.
- The City's General Plan includes a Housing Element, and the City often searches for developers to build on opportunity sites.
- The San Leandro Rules Committee is currently reviewing tenant protections.

## **CORRESPONDENCE**

Commissioners received the following:

- An updated roster of City Council, Board & Commission Members & City Officials
- Thank you notes from Lara Calvert, Executive Director of Spectrum Community Services, Inc.
- A copy of a letter written by Jeanette Dong, Recreation and Human Services Director, to Spectrum Community Services, Inc., about Spectrum Senior Lunch Program recommendations. The letter was written on behalf of the San Leandro Human Services Commission.

## **ORAL REPORT OF SECRETARY**

Secretary Atienza reported the following:

- Informed the Commission that the Senior Community Center television has been placed in the Activity Room, with rules regarding its usage.
- Announced new Fall classes being provided at the Senior Community Center, including Peer Support, Adult Coloring, Finding Wellness, and Acrylic and Oil Painting.
- Shared that the Oakland ZooMobile will visit the Senior Community Center on September 26.

- The annual Flu Shot Clinic will take place on October 10.
- Introduced new October events, including a Celebration of Dia de los Muertos (October 27) and a Pumpkin Painting Contest.
- The Senior Community Center will be adding classes in Spanish, including Salsa dancing and educational programs.
- Provided an update on the Paratransit consultant search, which will be finalized soon.
- Recapped the Travel Troupe meeting held in August, and reviewed upcoming trips, including Golden Gate Fields and The Lion King.
- Reviewed upcoming Community Education programs, including The ABCs of Long Term Care Insurance and Affordable Housing.

### **UNFINISHED BUSINESS**

#### **A. Update on Adult Day Care by Commissioner Comelo**

- The Center for Elders Independence is working to get the appropriate permits to complete renovations on the new Adult Day Care facility location.

#### **B. Discussion on the Senior Commission-Sponsored event “Dementia and Alzheimer’s Forum”, and Handout of Flyer and Draft Program**

- Currently 17 people are registered for the event to be held on Thursday, October 20. Commissioner Daevu reviewed the flyer and draft program, and the tasks assigned to each Commissioner. Commissioner Daevu confirmed the following speakers: Tricia Burketta, Kati Knox, and Dr. Jay Sordean. The Senior Commission asked Secretary Atienza to update the program, to provide cookies and water at the event, and to provide a set-up similar to last year.
- The Commission agreed to hold an educational program provided to the community each October for future years. MSC (Daevu/Frates) to approve holding a Senior Commission-sponsored educational program each October (8 Ayes, 0 Nays, 1 Absent).

### **NEW BUSINESS**

#### **B. Discussion of Senior Thanksgiving Luncheon**

- Commissioners confirmed attendance at the Senior Thanksgiving Luncheon, and agreed to provide the grand raffle prize for the event, with each Commissioner contributing \$25 for gift cards to be purchased.

#### **C. Discussion of Potential Cancellation of the December Senior Commission Meeting**

- The Commission agreed to cancel the December Senior Commission meeting. MSC (Plankenhorn/Anderson) to cancel the December 2016 meeting. (8 Ayes, 0 Nays, 1 Absent)

### **REPORT OF CHAIR**

Chair Woycheshin reported the following:

- Davis Street and Stepping Stones Growth Center are building an art studio to hold the Artful Steps program.
- The San Leandro Chamber of Commerce has been selected by Assemblymember Rob Bonta as Business of the Year.
- The next Chamber of Commerce Coffee Connection event will be held at Pacifica Senior Living on October 7 from 8:30 am – 9:30 am.

### **COMMISSIONER COMMENTS**

- Commissioner Anderson reminded the Commission that the Diabetes and Wellness Day event will take place on Saturday, September 17.
- Commissioner Daevu thanked the Commission for their participation in the Dementia and Alzheimer's Forum event.
- Commissioner Tamura encouraged Commissioners to promote the Dementia and Alzheimer's forum as much as possible to increase attendance.
- Commissioner McHenry announced that she will be participating in the Leadership San Leandro program.
- Commissioner Comelo asked questions about the Spectrum Enhance Fitness Program, including:
  - Why demographic and health-related questions are asked on the registration forms;
  - If individuals can opt out of completing the registration forms;
  - How registration information is kept confidential;
  - Which agency, either the City of San Leandro or Spectrum, is liable in the event that an accident occurs during class.

The Commission asked Secretary Atienza to inquire about the above items, and to provide an update at the October Senior Commission meeting.

### **ADJOURNMENT**

MSC (Anderson/Frates) to adjourn the meeting at 12:25 p.m. (8 Ayes, 0 Nays, 1 Absent)

Respectfully Submitted,

Secretary Diane Atienza