

**CITY OF SAN LEANDRO
SENIOR COMMISSION
THURSDAY, OCTOBER 20, 2016 – 10:00 a.m.
REGULAR MEETING MINUTES
SENIOR COMMUNITY CENTER
13909 EAST 14TH STREET**

Meeting convened at 10:04 a.m.

PRESENT

Chair Woycheshin, Commissioners Anderson, Comelo, Daevu, Frates, McHenry, Secretary Atienza, and Jeanette Dong, Recreation and Human Services Director

ABSENT

Commissioners Basuino, Plankenhorn, and Tamura

APPROVAL OF AGENDA OF OCTOBER 20, 2016 MEETING

MSC (Frates/Anderson) to approve the agenda as submitted. (6 Ayes, 0 Nays, 3 Absent)

APPROVAL OF MINUTES OF SEPTEMBER 15, 2016 MEETING

MSC (Anderson/McHenry) to approve the minutes as submitted. (6 Ayes, 0 Nays, 3 Absent)

GUEST PRESENTATION

Yamelith Aguilar, from the Rails-to-Trails Conservancy, presented on the San Leandro Creek Trail Master Plan process. The presentation included:

- The project partners, including the City of San Leandro (grantee), City of Oakland (subgrantee), Rails-to-Trails Conservancy (subgrantee), and the San Leandro Creek Alliance (project partner)
- The timeline for the project:
 - Data Collection and Analysis, November 2015 - April 2016
 - Public Outreach Committee Meetings, November 2015 -September 2016
 - Plan Development, July 2016 - November 2016
 - Plan Presentation, November 2016 - January 2017
 - Finalization of Plan, 2017
- Yamelith shared that the trails will bring access to open space and will connect schools, with the potential to connect to the BART station at the East Bay Greenway expansion.

Suggestions from the Senior Commission regarding the plan included:

- Adding seating and restrooms to the trails
- Adding bike facilities around the creek
- Providing bike rentals on the trails
- Consideration of mobility issues

Commissioners agreed to write a letter to the trails committee outlining the above suggestions. MSC (Anderson/Frates) to write a letter to the trails committee on behalf of the Senior Commission outlining trail suggestions and recommendations. (6 Ayes, 0 Nays, 3 Absent).

PUBLIC COMMENTS

Norma Williams said that the Monarch Bay Golf Course, which is across from her home, is filled with trees and debris in the overflow area. She mentioned that she would like to see less debris, and have it be cleaned properly.

Ruth Yamamura and Terry Treskin, students of the Simply Fit class that takes place at the Senior Community Center, shared concerns about class cancellations and outreach in the community.

Ruth stated:

- Enrolling in the class a week before the class begins is a hindrance to students.
- Having a lack of written policies in the guide regarding class cancellations creates confusion among students.

Terry shared:

- An appreciation of the senior services and programs offered.
- A request for the senior services newsletter to be sent to the San Leandro Main Library, and for more outreach to be implemented throughout the community.
- A request for the Recreation and Human Services activity guides to show all ages on the cover, including seniors.

Jeanette Dong shared that the Alameda Local Agency Formation Commission will be meeting in the City Council Chambers to discuss the Eden Health District.

- The meeting is set to hear feedback from the public on the value of Eden Township, and whether the District should continue to run or dissolve.
- The meeting will take place on November 7 at 5:30 p.m., in City Council Chambers, and Senior Commissioners are invited to attend.

CORRESPONDENCE

Commissioners received a letter from Cynthia Quon, San Leandro resident, about her concern involving a recent picnic reservation. Secretary Atienza informed the Commission that the Facilities Supervisor is aware of the concern and has asked for suggestions from Ms. Quon to improve service.

ORAL REPORT OF SECRETARY

Secretary Atienza reported the following:

- Informed the Commission that the Flu Shot Clinic was held on October 10, and 105 people attended.
- Shared that the Dia de los Muertos event will take place at the Senior Community Center on October 27.
- Announced that Talent and Tea performance applications are available and are due on November 8.
- Followed up on questions that the Commission had regarding Enhance Fitness, including:
 - Spectrum utilizes combined demographic responses on their participant information forms for reporting to their funders, and for identifying birthdates.

- Health background information is requested from participants so instructors are aware of the background and safety readiness for the exercise program.
- Information asked of participants is kept confidential, and is seen only by instructors and staff.
- Forms requested from participants are mandatory due to contractual obligations to Project Enhance and Spectrum's funders. Questions can be left blank, but participants are encouraged to complete the entire form.
- The City of San Leandro is working towards an agreement with Spectrum for the Enhance Fitness Program.
- Stated that the next Community Education Program, on Specialized Phones, will take place on December 16.
- Shared that Secretary Atienza will begin maternity leave on November 21 and is scheduled to return on March 6.

UNFINISHED BUSINESS

A. Update regarding Adult Day Care by Commissioner Comelo

- Commissioner Comelo did not have any updates regarding adult day care.
- Jeanette Dong shared that permits for the adult day care facility have been approved, and she hopes that a representative from the Center for Elders' Independence can provide an update at the November meeting.

B. Discussion regarding the Senior Commission-Sponsored Event "Dementia and Alzheimer's Forum"

- Commissioners reviewed the agenda for the event, as well as responsibilities and tasks.
- Secretary Atienza reported that 62 people were currently registered to attend, and that she created an evaluation to hand out to participants after the event.

C. Discussion regarding Senior Thanksgiving Luncheon

- Commissioners confirmed attendance at the Thanksgiving Luncheon.
- Secretary Atienza reminded Commissioners to provide their donation to the Thanksgiving Luncheon grand prize.

NEW BUSINESS

A. Announcement regarding KaBOOM Playground Build by Secretary Atienza

- Secretary Atienza shared information regarding the KaBOOM Playground Build taking place on Friday, November 4 from 9:00 a.m. – 4:00 p.m.
- Secretary Atienza asked Commissioners if they were interested and able to volunteer at the event on November 4, as well as the preparation days on November 2 and November 3. Commissioner Anderson and Chair Woycheshin said they may be able to assist.

REPORT OF CHAIR

Chair Woycheshin reported the following on the City of San Leandro Housing Rehabilitation Program available to low-income resident homeowners:

- Residents can receive up to \$5,000 depending on the repair.
- Residents can receive up to \$35,000 for major housing rehabilitation.
- Applications and information are available on the City's website.

COMMISSIONER COMMENTS

- Commissioner Comelo reported that she is trying to contact a representative from the Matter of Balance Program to inquire about bringing the program to San Leandro.
- Commissioner Daevu thanked the Commission for their work leading up to the Dementia and Alzheimer's Forum.

ADJOURNMENT

MSC (Frates/Comelo) to adjourn the meeting at 11:30 a.m. (6 Ayes, 0 Nays, 3 Absent)

Respectfully Submitted,

Secretary Diane Atienza