

**CITY OF SAN LEANDRO  
SENIOR COMMISSION  
THURSDAY, OCTOBER 19, 2017 – 10:00 a.m.  
REGULAR MEETING MINUTES  
SENIOR COMMUNITY CENTER  
13909 EAST 14<sup>TH</sup> STREET**

Meeting convened at 10:04 a.m.

**PRESENT**

Chair Woycheshin, Commissioners Comelo, Daevu, Frates, Knueven, McHenry, and Tamura (arrived at 10:17am); Secretary Ely Hwang; RHS Director Jeanette Dong

Absent: Commissioner Anderson

**APPROVAL OF AGENDA OF OCTOBER 19, 2017 MEETING**

Approved - MSC (McHenry/Knueven) (7 Ayes; 0 Nays)

**APPROVAL OF MINUTES OF SEPTEMBER 21, 2017 MEETING**

Approved – MSC (McHenry/Comelo) (7 Ayes; 0 Nays)

**PUBLIC COMMENTS**

None

**CORRESPONDENCE**

None

**PRESENTATIONS**

- A. Facilitated discussion of Commission October Forum on mental health/addiction issues sponsored by the Senior Commission.
- Secretary Hwang reviewed the program and timeline of the Forum.
  - Commissioner Knueven commented that the subject matter is very timely.
  - Chair Woycheshin shared a couple newspaper articles regarding the opioid epidemic and addiction.
  - Commissioner McHenry inquired if there is an option to have the information provided regarding addiction in other languages aside from English.
  - Commissioner Knueven shared that Al-Anon provides information and meetings in Spanish and offers literature in seven other languages.
  - Commissioner Daevu shared that hopefully the community recognizes that the Commission is doing something about this topic (awareness, referrals, etc.).
  - Director Dong suggested taking photos of the panelists and posting pictures on the City's website, Facebook page, etc.
- B. Discussion on the City of San Leandro's Cooling Centers
- Secretary Hwang provided the Commission with the flyer, department policy, and background regarding the Cooling Center; temperature thresholds of neighboring cities were also given: City of Fremont activates at 95 degrees, while City of San Jose activates at 90 degrees (same as City of San Leandro).

- Director Dong explained that in order to activate the Cooling Center, an email is sent from her declaring for it to be opened; the Cooling Center is activated in times of extreme heat.
- Commissioner McHenry shared her concern as to how seniors, during times of extreme heat, may get to these Cooling Centers.
- Commissioner Knueven conveyed her thoughts on seniors helping seniors, encouraging others to take advantage of programs that they are eligible for (FLEX, Paratransit, etc.); anticipatory guidance.

### **ORAL REPORT OF SECRETARY**

- A. Adult Day Care Center/PACE Grand Opening, Thursday, November 16
  - Secretary Hwang reminded the Commission of the grand opening and confirmed those who will attend the pre-grand opening tour on Monday, October 30 at 5:30pm.
- B. Update on October CEPs, Flu Shot Clinic, Dia De Los Muertos
  - 10/5 – Through a Trout's Eyes, 12 attended
  - 10/20 – Think Pink, 8 registered
  - 10/6 – Flu Shot Clinic, 107 attended; Secretary Hwang announced that next year's Flu Shot Clinic will be held along with the Senior Resource Fair to increase attendance. Commissioner McHenry encouraged that the "Senior Flu Shot" be offered at the Senior Center. Staff will look into this and follow-up with the Commission.
  - 11/2 – Dia De Los Muertos, 15 registered
- C. Update on Thanksgiving Luncheon and Commission's Roles
  - Secretary Hwang reminded the Commission of their donation for the grand raffle prize and their participation at the event. Chair Woycheshin shared past roles of the Commission during the Luncheon.

### **UNFINISHED BUSINESS**

None

### **NEW BUSINESS**

- Cancellation of the December Commission meeting

MSC (McHenry/Comelo) to go dark for the December 2017 Commission meeting (7 Ayes, 0 Nays, 1 Absent for the Vote).

### **REPORT OF CHAIR**

- Chair Woycheshin reviewed the Senior Commission information on the City's website and noted that it needs to be updated.
- She mentioned that in the San Leandro Times, the Friends of San Leandro Creek will hold their general meeting on Tuesday, 10/24, 6:30pm, Main Library. The meeting will feature the foldscope.

### **COMMISSIONER COMMENTS**

- Commissioner Tamura shared that the League of Women Voters will be hosting a Forum at the Senior Community Center, 10/19, 6pm with education as their main topic.
- Commissioner Daevu thanked everyone for their participation in the day's scheduled Forum and is looking forward to the Spectrum lunch and the event at 1pm.
- Commissioner Comelo asked for a copy of the City's Contract with Spectrum and presented her suggestions for next year's contract renewal. She suggests that there should be some oversight by staff about the Spectrum programs, specifically the program's waitlist. She also suggested planning/marketing for the Coffee with the Commission event.
- Commissioner Knueven would like a flyer with information about the Commission.
- Commissioner Frates brought information on the Merea Alta senior apartments and how to receive notices regarding this project.
- Commissioner McHenry reported updates on those individuals affected by the recent fires in the Sonoma County area; California is being inundated with fires and to say a prayer for our firefighters.

### **ADJOURNMENT**

MSC (McHenry/Comelo) to adjourn the meeting at 11:11am (7 Ayes, 0 Nays)

Respectfully submitted,

Secretary Ely Hwang